

AMPERSAND

ALL DAY MENU

BREAKFAST

Organic Porridge: (V) €5.50

Served with homemade granola & honey (made with low fat milk or on request soy/almond, coconut or oat) + €0.65

Scrambled Egg: (V) €6.50

Scrambled egg & toast

Breakfast Bap: €7.95

Farm reared sausages, Irish bacon & black pudding on a toasted Waterford blaa with seasonal tomato relish

- add scrambled egg €1.50

Omelette: €7.95

Breakfast omelette with ham & cheddar cheese

Waffles: €7.95

Fluffy waffles with maple syrup & cream

Kiddies Waffle: €4.95

Fluffy waffle with nutella

FRESH BAKERY

Homemade scone of the day €3.20

Muffin of the day €3.20

Lemon drizzle square zest icing €3.90

Chocolate brownie square €3.90

Rocky road square €3.90

Banana bread portion €3.95

Kiddies cookie €2.95

Oatmeal & raisin cookie €2.95

Nutella cookie €2.95

LUNCH

Gluten free options available please ask your server

Chicken BLT: €7.95

Roast chicken, Irish bacon, romaine lettuce, beef tomato & roast garlic mayo on a blaa, served with house side salad

- add cup of soup €2.50

Toasted Special: €6.95

(Vegetarian option available €6.50)

Limerick ham, three cheese blend, red onion & beef tomato, with house side salad

- add cup of soup €2.50

Chicken Burrito: €7.95

Irish chicken breast, Franks hot sauce, roasted red peppers & signature cheese blend in a burrito, with house side salad

- add cup of soup €2.50

Wrap Special: €6.95

Wrap of the day, served with house side salad. Please ask your server

- add cup of soup €2.00

Chicken Caesar Salad: €9.95

Caesar salad, warm smoked bacon lardons, romaine lettuce, sourdough croutons & Parmesan

Tuna Melt: €7.95

Tuna, onion, lemon mayo & melted mozzarella on a toasted multi-seed bagel

SOUP

Today's Soup: (V) €4.95

Homemade soup of the day, served with honey & pumpkin seed wheaten loaf

HOT BEVERAGES

Americano €2.95

Cappuccino €3.15

Single Espresso €2.65

Double Espresso €2.95

Latte €3.15

Chai Latte €3.35

Flat White €3.15

Macchiato €3.15

Mocha €3.35

Hot Chocolate €3.35

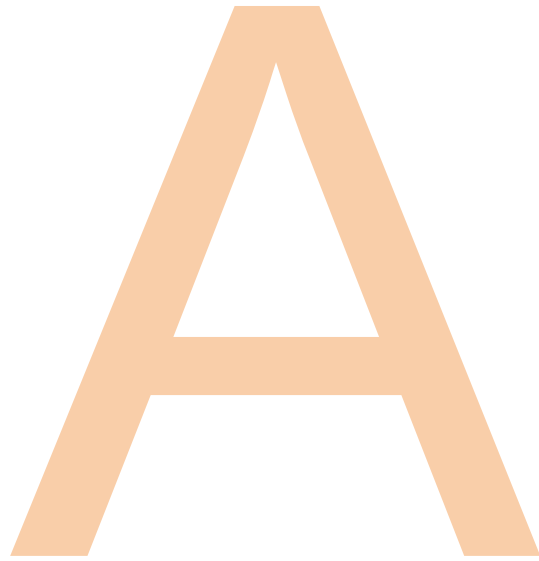
Irish Breakfast Tea €2.50

Irish Afternoon Tea €2.50

Flavour €0.50

Extra Shot €0.65

Non Dairy €0.30



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