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\*Café associate, please always check with chefs to see if any alterations were made to main course dishes- e.g. cream added to the curry



## H&L Breakfast MENU

**ALLERGENS** 

HOOK & LADDER | 7 SARSFIELD STREET, LIMERICK / CORBALLY, LIMERICK / CASTLETROY, LIMERICK / DOORADOYLE, LIMERICK / TRAMORE RD, WATERFORD / WESTON AIRPORT, DUBLIN



| Creation Date: 16.05.2024 |  | Formore Fair  |                    |
|---------------------------|--|---|--------------------|
| Dish Description:         |  | Farmers Fair  |                    |
| Created By: Seán Mullins  |  | Approved By: Caroline Moloney                               |                    |
| ALLERGENS                 |  | CONTAINS THIS ALLERGEN                                      | MAY CONTAIN TRACES |
| GLUTEN                    |  | Sausage, Black & White Pudding,<br>Rosemary Potatoes, Toast |                    |
| EGGS                      |  | Fried Eggs  |                    |
| MILK                      | J  | Rosemary Potatoes, Mushrooms,<br>Confit Tomato,             |                    |
| CELERY                    |  |   |                    |
| FISH                      | The state of the s |   |                    |
| CRUSTACEANS               | TO FOR   |   |                    |
| MOLLUSC                   |  |   |                    |
| MUSTARD                   |  |   |                    |
| NUTS                      | - New  |   | Toast (Vienna)     |
| PEANUTS                   | 05   |   |                    |
| SESAME                    |  |   | Toast (Vienna)     |
| SOYA                      |  |   |                    |
| LUPIN                     | -  |   |                    |
| SULPHUR DIOXIDE           |  | Sausages, Irish Bacon, Black & White Pudding                |                    |

| NOTES |
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| Creation Date: 16.05.2024 |  | Mini Farmore Fair   |                    |
|---------------------------|--|---|--------------------|
| Dish Description:         |  | Mini Farmers Fair   |                    |
| Created By: Seán Mullins  |  | Approved By: Caroline Moloney                               |                    |
| ALLERGENS                 |  | CONTAINS THIS ALLERGEN                                      | MAY CONTAIN TRACES |
| GLUTEN                    |  | Sausage, Black & White Pudding,<br>Rosemary Potatoes, Toast |                    |
| EGGS                      |  | Eggs  |                    |
| MILK                      |  | Confit Tomato   |                    |
| CELERY                    |  |   |                    |
| FISH                      | The state of the s |   |                    |
| CRUSTACEANS               | W.   |   |                    |
| MOLLUSC                   |  |   |                    |
| MUSTARD                   |  |   |                    |
| NUTS                      | - Ken  |   | Toast (Vienna)     |
| PEANUTS                   | 000  |   |                    |
| SESAME                    |  |   | Toast (Vienna)     |
| SOYA                      |  |   |                    |
| LUPIN                     | -  |   |                    |
| SULPHUR DIOXIDE           |  | Sausages, Irish Bacon, Black & White Pudding                |                    |

| NOTES |
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| Creation Date: 16.05.2024 |  | The Ampersand                  |                    |
|---------------------------|--|--------------------------------|--------------------|
| Dish Description:         |  | The Ampersand                  |                    |
| Created By: Seán Mullins  |  | Approved By: Caroline Moloney  |                    |
| ALLERGENS                 |  | CONTAINS THIS ALLERGEN         | MAY CONTAIN TRACES |
| GLUTEN                    |  | Brioche Bun                    |                    |
| EGGS                      |  | Poached Eggs, Brioche Bun      |                    |
| MILK                      |  | Hollandaise Sauce, Brioche Bun |                    |
| CELERY                    |  |                                |                    |
| FISH                      | The same of the sa |                                |                    |
| CRUSTACEANS               | Company of the same of the sam |                                |                    |
| MOLLUSC                   | <b>6</b>   |                                |                    |
| MUSTARD                   |  |                                |                    |
| NUTS                      | -Ken   |                                |                    |
| PEANUTS                   | 05   |                                |                    |
| SESAME                    | 320  | Beet Hummus                    |                    |
| SOYA                      |  |                                |                    |
| LUPIN                     | -  |                                |                    |
| SULPHUR DIOXIDE           |  |                                |                    |

| NOTES |
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| Creation Date: 16.05.2024 |                   | Chicken & Waffle S                                  | Stack                            |
|---------------------------|-------------------|---|----------------------------------|
| Dish Description:         |                   | Chicken & Wante                                     | olack                            |
| Created By: Seán Mullins  |                   | Approved By: Caroline Moloney                       |                                  |
| ALLERGENS                 |                   | CONTAINS THIS ALLERGEN                              | MAY CONTAIN TRACES               |
| GLUTEN                    |                   | Buttermilk Chicken Breast, Belgian<br>Waffle, Fries |                                  |
| EGGS                      |                   | Fried Egg, Belgian Waffle                           |                                  |
| MILK                      |                   | Buttermilk Chicken Breast                           |                                  |
| CELERY                    |                   |   |                                  |
| FISH                      | 36                |   |                                  |
| CRUSTACEANS               | The second second |   | Buttermilk Chicken Breast, Fries |
| MOLLUSC                   |                   |   |                                  |
| MUSTARD                   |                   |   |                                  |
| NUTS                      | - Sien            |   |                                  |
| PEANUTS                   | 000               |   |                                  |
| SESAME                    |                   |   |                                  |
| SOYA                      | 48                | Belgian Waffle                                      |                                  |
| LUPIN                     | -                 |   |                                  |
| SULPHUR DIOXIDE           |                   | Buttermilk Chicken Breast                           |                                  |

| NOTES |  |
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| Creation Date: 16.05.2024 |  | Piggy In the Middle                  |                    |
|---------------------------|--|--------------------------------------|--------------------|
| Dish Description:         |  | riggy in the initial                 |                    |
| Created By: Seán Mullins  |  | Approved By: Caroline Moloney        |                    |
| ALLERGENS                 |  | CONTAINS THIS ALLERGEN               | MAY CONTAIN TRACES |
| GLUTEN                    |  | Blaa, Sausages, Black Pudding        |                    |
| EGGS                      |  | Fried Egg                            | Blaa               |
| MILK                      |  |                                      | Blaa               |
| CELERY                    |  |                                      |                    |
| FISH                      | 30   |                                      |                    |
| CRUSTACEANS               | TO THE STATE OF TH |                                      |                    |
| MOLLUSC                   |  |                                      |                    |
| MUSTARD                   |  | Relish                               |                    |
| NUTS                      | - Ken  |                                      |                    |
| PEANUTS                   | 000  |                                      |                    |
| SESAME                    |  |                                      | Blaa               |
| SOYA                      |  |                                      | Blaa               |
| LUPIN                     | -  |                                      |                    |
| SULPHUR DIOXIDE           |  | Irish Bacon, Sausages, Black Pudding |                    |

| NOTES |
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| Creation Date: 16.05.2024 |  | Triple Fag Omelett                            |                    |
|---------------------------|--|---|--------------------|
| Dish Description:         |  | Triple Egg Omelett                            | e                  |
| Created By: Seán Mullins  |  | Approved By: Caroline Moloney                 |                    |
| ALLERGENS                 |  | CONTAINS THIS ALLERGEN                        | MAY CONTAIN TRACES |
| GLUTEN                    |  | Sourdough Toast                               |                    |
| EGGS                      |  | 3 Eggs  |                    |
| MILK                      |  | Goats Cheese, Feta Cheese, Sauteed Mushrooms, |                    |
| CELERY                    |  |   |                    |
| FISH                      | The same of the sa |   |                    |
| CRUSTACEANS               | TO FEE   |   |                    |
| MOLLUSC                   |  |   |                    |
| MUSTARD                   |  |   |                    |
| NUTS                      | - Ken  |   |                    |
| PEANUTS                   | 05   |   |                    |
| SESAME                    |  |   |                    |
| SOYA                      |  |   |                    |
| LUPIN                     | -  |   |                    |
| SULPHUR DIOXIDE           |  |   |                    |

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| Creation Date: 16.05.2024  Dish Description: |  | Eggs Benedict (no                                    | Pesto)                        |  |
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|  |  |  |                               |  |
| Created By: Seán Mullins                     |  | Approved By: Caroline Moloney                        | Approved By: Caroline Moloney |  |
| ALLERGENS                                    |  | CONTAINS THIS ALLERGEN                               | MAY CONTAIN TRACES            |  |
| GLUTEN                                       | 100  | Toasted Brioche Bun,                                 |                               |  |
| EGGS   |  | Toasted Brioche Bun, Hollandaise sauce, Poached Eggs |                               |  |
| MILK   |  | Toasted Brioche Bun, Hollandaise<br>Sauce            |                               |  |
| CELERY                                       |  |  |                               |  |
| FISH   | The state of the s |  |                               |  |
| CRUSTACEANS                                  | The second   |  |                               |  |
| MOLLUSC                                      |  |  |                               |  |
| MUSTARD                                      |  |  |                               |  |
| NUTS   | -Ken   |  |                               |  |
| PEANUTS                                      | O.S.   |  |                               |  |
| SESAME                                       |  |  |                               |  |
| SOYA   |  |  |                               |  |
| LUPIN  | -  |  |                               |  |
| SULPHUR DIOXIDE                              |  | Irish Bacon  |                               |  |

| NOTES |  |
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| Creation Date: 16.05.2024  Dish Description: |   | Pesto Eggs Benedict                                  |                    |
|--|---|--|--------------------|
| Created By: Seán Mullins                     |   | Approved By: Caroline Moloney                        |                    |
| ALLERGENS                                    |   | CONTAINS THIS ALLERGEN                               | MAY CONTAIN TRACES |
| GLUTEN                                       |   | Toasted Brioche Bun,                                 |                    |
| EGGS   | Jan 1                                     | Toasted Brioche Bun, Hollandaise sauce, Poached eggs |                    |
| MILK   |   | Toasted Brioche Bun, Hollandaise sauce, Basil pesto  |                    |
| CELERY                                       |   |  |                    |
| FISH   | 1   |  |                    |
| CRUSTACEANS                                  | E POR                                     |  |                    |
| MOLLUSC                                      |   |  |                    |
| MUSTARD                                      | -   |  |                    |
| NUTS   | N. S. | Basil Pesto  |                    |
| PEANUTS                                      | 05  |  |                    |
| SESAME                                       |   |  |                    |
| SOYA   |   |  |                    |
| LUPIN  | -   |  |                    |
| SULPHUR DIOXIDE                              |   | Irish Bacon  |                    |

| NOTES |
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| Creation Date: 16.05.2024 |  | The Plant Plate               |                    |
|---------------------------|--|-------------------------------|--------------------|
| Dish Description:         |  | THE Flam Flate                |                    |
| Created By: Seán Mullins  |  | Approved By: Caroline Moloney |                    |
| ALLERGENS                 |  | CONTAINS THIS ALLERGEN        | MAY CONTAIN TRACES |
| GLUTEN                    |  | Toasted Sourdough             |                    |
| EGGS                      | A series   |                               |                    |
| MILK                      |  |                               |                    |
| CELERY                    |  |                               | Tofu Scrambled     |
| FISH                      | The state of the s |                               |                    |
| CRUSTACEANS               | The same of the sa |                               |                    |
| MOLLUSC                   |  |                               |                    |
| MUSTARD                   |  |                               | Tofu Scrambled     |
| NUTS                      | -Ken   |                               |                    |
| PEANUTS                   | 0  |                               |                    |
| SESAME                    |  |                               | Tofu Scrambled     |
| SOYA                      |  | Tofu Scrambled                |                    |
| LUPIN                     | -  |                               |                    |
| SULPHUR DIOXIDE           | 400  |                               |                    |

| NOTES |
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| Creation Date: 16.05.2024 |         | Breakfast Burrito                   |                    |
|---------------------------|---------|-------------------------------------|--------------------|
| Dish Description:         |         | Dieakiasi Buillio                   |                    |
| Created By: Seán Mullins  |         | Approved By: Caroline Moloney       |                    |
| ALLERGENS                 |         | CONTAINS THIS ALLERGEN              | MAY CONTAIN TRACES |
| GLUTEN                    | 100     | Wrap, Sausage, Black Pudding        |                    |
| EGGS                      | A. Sand | Scrambled Eggs                      |                    |
| MILK                      |         |                                     |                    |
| CELERY                    |         |                                     |                    |
| FISH                      | 35      |                                     |                    |
| CRUSTACEANS               | TO FOR  |                                     |                    |
| MOLLUSC                   |         |                                     |                    |
| MUSTARD                   |         | Tomato Relish                       |                    |
| NUTS                      | - Ken   |                                     |                    |
| PEANUTS                   | O.S.    |                                     |                    |
| SESAME                    |         |                                     |                    |
| SOYA                      |         |                                     |                    |
| LUPIN                     | -       |                                     |                    |
| SULPHUR DIOXIDE           |         | Irish Bacon, Sausage, Black Pudding |                    |

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| Creation Date: 16.05.2024  Dish Description: |          | Chorizo & Potato H                                     | lash               |
|--|----------|--|--------------------|
| Created By: Seán Mullins                     |          | Approved By: Caroline Moloney                          |                    |
| ALLERGENS                                    |          | CONTAINS THIS ALLERGEN                                 | MAY CONTAIN TRACES |
| GLUTEN                                       | - No.    | Black Pudding  |                    |
| EGGS   |          | Hollandaise Sauce, Fried Eggs                          |                    |
| MILK   |          | Turmeric Potatoes, Diced Chorizo,<br>Hollandaise Sauce |                    |
| CELERY                                       |          |  | Turmeric Potatoes  |
| FISH   | 33       |  |                    |
| CRUSTACEANS                                  | S. S.    |  |                    |
| MOLLUSC                                      | <b>6</b> |  |                    |
| MUSTARD                                      |          |  | Turmeric Potatoes  |
| NUTS   | - New    |  |                    |
| PEANUTS                                      | 03       |  |                    |
| SESAME                                       |          |  | Turmeric Potatoes  |
| SOYA   |          |  |                    |
| LUPIN  | -        |  |                    |
| SULPHUR DIOXIDE                              |          | Black Pudding  |                    |

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| Creation Date: 16.05.2024  Dish Description: |          | Buttermilk Blueberry pancakes                       |                    |
|--|----------|---|--------------------|
|  |          |   |                    |
| Created By: Seán Mullins                     |          | Approved By: Caroline Moloney                       |                    |
| ALLERGENS                                    |          | CONTAINS THIS ALLERGEN                              | MAY CONTAIN TRACES |
| GLUTEN                                       |          | Buttermilk Pancakes                                 |                    |
| EGGS   |          | Buttermilk Pancakes, (Add Salted Caramel Ice-cream) |                    |
| MILK   |          | Buttermilk Pancakes, (Add Salted Caramel Ice-cream) |                    |
| CELERY                                       |          |   |                    |
| FISH   | 30       |   |                    |
| CRUSTACEANS                                  | And Sand |   |                    |
| MOLLUSC                                      |          |   |                    |
| MUSTARD                                      |          |   |                    |
| NUTS   | -X-10    |   |                    |
| PEANUTS                                      | O'S      |   |                    |
| SESAME                                       | 17.3     |   |                    |
| SOYA   | 28       |   |                    |
| LUPIN  | -        |   |                    |
| SULPHUR DIOXIDE                              |          | (Add Streaky Bacon)                                 |                    |

| NOTES |
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| Creation Date: 16.05.2024 |       |   |                    |  |
|---------------------------|-------|---|--------------------|--|
| Dish Description:         |       | Buttermilk Pancakes with Maple or Nutella                       |                    |  |
| Created By: Seán Mullins  |       | Approved By: Caroline Moloney                                   |                    |  |
| ALLERGENS                 |       | CONTAINS THIS ALLERGEN  | MAY CONTAIN TRACES |  |
| GLUTEN                    |       | Buttermilk Pancakes   |                    |  |
| EGGS                      |       | Buttermilk Pancakes, (Add Salted Caramel Ice-cream)             |                    |  |
| MILK                      |       | Buttermilk Pancakes, Nutella, (Add<br>Salted Caramel Ice-cream) |                    |  |
| CELERY                    |       |   |                    |  |
| FISH                      | 3     |   |                    |  |
| CRUSTACEANS               | C.    |   |                    |  |
| MOLLUSC                   |       |   |                    |  |
| MUSTARD                   |       |   |                    |  |
| NUTS                      | - Ken | Nutella   |                    |  |
| PEANUTS                   | 05    |   |                    |  |
| SESAME                    | 120   |   |                    |  |
| SOYA                      |       | Nutella   |                    |  |
| LUPIN                     | -     |   |                    |  |
| SULPHUR DIOXIDE           |       | (Add Streaky Bacon)   |                    |  |

| NOTES |
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| Creation Date: 16.05.2024  Dish Description: |  | Buttermilk Pancakes with Caramel Sauce & Caramelised Banana          |                    |  |
|--|--|--|--------------------|--|
| Created By: Seán Mullins                     |  | Approved By: Caroline Moloney  |                    |  |
| ALLERGENS                                    |  | CONTAINS THIS ALLERGEN   | MAY CONTAIN TRACES |  |
| GLUTEN                                       |  | Buttermilk Pancakes  |                    |  |
| EGGS   |  | Buttermilk Pancakes, (Add Salted Caramel Ice-cream)                  |                    |  |
| MILK   |  | Buttermilk Pancakes Caramel Sauce,<br>(Add Salted Caramel Ice-cream) |                    |  |
| CELERY                                       |  |  |                    |  |
| FISH   | The same of the sa |  |                    |  |
| CRUSTACEANS                                  | S. Send  |  |                    |  |
| MOLLUSC                                      |  |  |                    |  |
| MUSTARD                                      |  |  |                    |  |
| NUTS   | New York   |  |                    |  |
| PEANUTS                                      | Ones.  |  |                    |  |
| SESAME                                       |  |  |                    |  |
| SOYA   |  |  |                    |  |
| LUPIN  | -  |  |                    |  |
| SULPHUR DIOXIDE                              |  | (Add Streaky Bacon)  |                    |  |

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| Creation Date: 16.05.2024 |  | Deletion Woffles                                |                    |
|---------------------------|--|---|--------------------|
| Dish Description:         |  | Belgian Waffles                                 |                    |
| Created By: Seán Mullins  |  | Approved By: Caroline Moloney                   |                    |
| ALLERGENS                 |  | CONTAINS THIS ALLERGEN                          | MAY CONTAIN TRACES |
| GLUTEN                    |  | Belgian Waffles                                 |                    |
| EGGS                      |  | Belgian Waffles, (Add Salted Caramel Ice-cream) |                    |
| MILK                      |  | Whipped Cream, (Add Salted Caramel Ice-cream)   |                    |
| CELERY                    |  |   |                    |
| FISH                      | The same of the sa |   |                    |
| CRUSTACEANS               | Company of the same of the sam |   |                    |
| MOLLUSC                   |  |   |                    |
| MUSTARD                   |  |   |                    |
| NUTS                      | -Ken   |   |                    |
| PEANUTS                   | 0  |   |                    |
| SESAME                    |  |   |                    |
| SOYA                      |  | Belgian Waffles                                 |                    |
| LUPIN                     | -  |   |                    |
| SULPHUR DIOXIDE           |  | (Add Streaky Bacon)                             |                    |

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| Creation Date: 16.05.2024 |        | Franch Tooct   |                    |  |
|---------------------------|--------|--|--------------------|--|
| Dish Description:         |        | French Toast   |                    |  |
| Created By: Seán Mullins  |        | Approved By: Caroline Moloney                                      |                    |  |
| ALLERGENS                 |        | CONTAINS THIS ALLERGEN   | MAY CONTAIN TRACES |  |
| GLUTEN                    |        | Brioche Bread  |                    |  |
| EGGS                      |        | Brioche Bread, (Add Salted Caramel Ice-cream)                      |                    |  |
| MILK                      |        | Brioche Bread, Mascarpone Cream,<br>(Add Salted Caramel Ice-cream) |                    |  |
| CELERY                    |        |  |                    |  |
| FISH                      | 30     |  |                    |  |
| CRUSTACEANS               | TO THE |  |                    |  |
| MOLLUSC                   |        |  |                    |  |
| MUSTARD                   |        |  |                    |  |
| NUTS                      | - Ken  |  | Brioche Bread      |  |
| PEANUTS                   | 000    |  |                    |  |
| SESAME                    |        |  | Brioche Bread      |  |
| SOYA                      |        |  | Brioche Bread      |  |
| LUPIN                     | -      |  |                    |  |
| SULPHUR DIOXIDE           |        | (Add Streaky Bacon)  | Brioche Bread      |  |

| NOTES |
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| Creation Date: 16.05.2024 |  | Homemade Granola              |                    |
|---------------------------|--|-------------------------------|--------------------|
| Dish Description:         |  | Homemade Granoia              |                    |
| Created By: Seán Mullins  |  | Approved By: Caroline Moloney |                    |
| ALLERGENS                 |  | CONTAINS THIS ALLERGEN        | MAY CONTAIN TRACES |
| GLUTEN                    |  | Nutty Granola                 |                    |
| EGGS                      |  |                               |                    |
| MILK                      |  | Natural Yoghurt               |                    |
| CELERY                    |  |                               |                    |
| FISH                      | The state of the s |                               |                    |
| CRUSTACEANS               | Company of the same of the sam |                               |                    |
| MOLLUSC                   | 600  |                               |                    |
| MUSTARD                   |  |                               |                    |
| NUTS                      | New York   | Nutty Granola                 |                    |
| PEANUTS                   | 0  |                               | Nutty Granola      |
| SESAME                    |  |                               | Nutty Granola      |
| SOYA                      | 4  |                               |                    |
| LUPIN                     | -  |                               |                    |
| SULPHUR DIOXIDE           |  |                               |                    |

| NOTES |
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| Creation Date: 16.05.2024  Dish Description: |  | Beekeeper's Porridge          |                           |
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| Created By: Seán Mullins                     |  | Approved By: Caroline Moloney |                           |
| ALLERGENS                                    |  | CONTAINS THIS ALLERGEN        | MAY CONTAIN TRACES        |
| GLUTEN                                       |  | Irish Rolled Oats, Oat Milk   |                           |
| EGGS   | A Separate S |                               |                           |
| MILK   |  | Milk                          |                           |
| CELERY                                       |  |                               |                           |
| FISH   | 30   |                               |                           |
| CRUSTACEANS                                  | TO THE REAL PROPERTY OF THE PR |                               |                           |
| MOLLUSC                                      |  |                               |                           |
| MUSTARD                                      |  |                               |                           |
| NUTS   | -X40   |                               | (Add Roasted Mixed Seeds) |
| PEANUTS                                      | 05   |                               |                           |
| SESAME                                       | 3 10 10  | (Add Roasted Mixed Seeds)     |                           |
| SOYA   |  |                               |                           |
| LUPIN  |  |                               |                           |
| SULPHUR DIOXIDE                              |  |                               |                           |

| NOTES |
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| Creation Date: 16.05.2024 Dish Description: Wholley Guacamole |  | Α                             |                    |  |
|---|--|-------------------------------|--------------------|--|
| Dish Description:   |  | Wholiey Guacamor              | <del>-</del>       |  |
| Created By: Seán Mullins                                      |  | Approved By: Caroline Moloney | oline Moloney      |  |
| ALLERGENS   |  | CONTAINS THIS ALLERGEN        | MAY CONTAIN TRACES |  |
| GLUTEN  | ***                                      | Sourdough Toast               |                    |  |
| EGGS  | Same?                                    | Poached Eggs                  |                    |  |
| MILK  |  |                               |                    |  |
| CELERY  |  |                               |                    |  |
| FISH  | 30                                       |                               |                    |  |
| CRUSTACEANS   | S. S |                               |                    |  |
| MOLLUSC   |  |                               |                    |  |
| MUSTARD   |  |                               |                    |  |
| NUTS  | -Ken                                     |                               | Mixed Seeds        |  |
| PEANUTS   | 05                                       |                               |                    |  |
| SESAME  |  | Mixed Seeds                   |                    |  |
| SOYA  |  |                               |                    |  |
| LUPIN   | -  |                               |                    |  |
| SULPHUR DIOXIDE   |  |                               |                    |  |

| NOTES |  |
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| Creation Date: 16.05.2024  Dish Description: |  | Scrambled Eggs & Toast                    |                     |
|--|--|---|---------------------|
| Created By: Seán Mullins                     |  | Approved By: Caroline Moloney             |                     |
| ALLERGENS                                    |  | CONTAINS THIS ALLERGEN MAY CONTAIN TRACES |                     |
| ALLENGENO                                    |  |   | mun continue natezo |
| GLUTEN                                       |  | Vienna Toast                              |                     |
| EGGS   | Sound's  | Scrambled Eggs                            |                     |
| MILK   |  | Scrambled Eggs                            |                     |
| CELERY                                       |  |   |                     |
| FISH   | The state of the s |   |                     |
| CRUSTACEANS                                  | E ST   |   |                     |
| MOLLUSC                                      |  |   |                     |
| MUSTARD                                      |  |   |                     |
| NUTS   | N. S.  |   | Vienna Toast        |
| PEANUTS                                      | 068  |   |                     |
| SESAME                                       |  |   | Vienna Toast        |
| SOYA   |  |   |                     |
| LUPIN  | -  |   |                     |
| SULPHUR DIOXIDE                              |  |   |                     |

| NOTES |
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| Creation Date: 16.05.2024  Dish Description: |  | Fried Eggs & Toast            |                    |  |
|--|--|-------------------------------|--------------------|--|
|  |  |                               |                    |  |
| Created By: Seán Mullins                     |  | Approved By: Caroline Moloney |                    |  |
| ALLERGENS                                    |  | CONTAINS THIS ALLERGEN        | MAY CONTAIN TRACES |  |
| GLUTEN                                       |  | Vienna Toast                  |                    |  |
| EGGS   | Alas I   | Fried Eggs                    |                    |  |
| MILK   |  | Fried Eggs                    |                    |  |
| CELERY                                       |  |                               |                    |  |
| FISH   | The state of the s |                               |                    |  |
| CRUSTACEANS                                  | E S  |                               |                    |  |
| MOLLUSC                                      |  |                               |                    |  |
| MUSTARD                                      |  |                               |                    |  |
| NUTS   | -Ken   |                               | Vienna Toast       |  |
| PEANUTS                                      | 05   |                               |                    |  |
| SESAME                                       |  |                               | Vienna Toast       |  |
| SOYA   |  |                               |                    |  |
| LUPIN  | -  |                               |                    |  |
| SULPHUR DIOXIDE                              |  |                               |                    |  |

| NOTES |  |
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| Creation Date: 16.05.2024  Dish Description: |  | Poached Eggs & Toast          |                    |
|--|--|-------------------------------|--------------------|
| Created By: Seán Mullins                     |  | Approved By: Caroline Moloney |                    |
| ALLERGENS                                    |  | CONTAINS THIS ALLERGEN        | MAY CONTAIN TRACES |
| GLUTEN                                       |  | Vienna Toast                  |                    |
| EGGS   |  | Poached Eggs                  |                    |
| MILK   |  |                               |                    |
| CELERY                                       |  |                               |                    |
| FISH   | 38   |                               |                    |
| CRUSTACEANS                                  | TO STATE OF THE PARTY OF THE PA |                               |                    |
| MOLLUSC                                      |  |                               |                    |
| MUSTARD                                      |  |                               |                    |
| NUTS   | - News   |                               | Vienna Toast       |
| PEANUTS                                      | O.S.   |                               |                    |
| SESAME                                       |  |                               | Vienna Toast       |
| SOYA   | 250  |                               |                    |
| LUPIN  | -  |                               |                    |
| SULPHUR DIOXIDE                              |  |                               |                    |

| NOTES |
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| <b>Creation Date:</b> 16.05.2024 |  | Add or   |                    |
|----------------------------------|--|--|--------------------|
| Dish Description:                |  | Add-ons  |                    |
| Created By: Seán Mullins         |  | Approved By: Caroline Moloney  |                    |
| ALLERGENS                        |  | CONTAINS THIS ALLERGEN   | MAY CONTAIN TRACES |
| GLUTEN                           |  | Farm Reared Sausages, Hash Browns,<br>Black Pudding, White Pudding,<br>Rosemary Potatoes |                    |
| EGGS                             |  | Fried Egg  |                    |
| MILK                             |  | Mushrooms  |                    |
| CELERY                           |  |  |                    |
| FISH                             | The state of the s |  |                    |
| CRUSTACEANS                      | The state of the s |  |                    |
| MOLLUSC                          |  |  |                    |
| MUSTARD                          |  |  |                    |
| NUTS                             | - News   |  |                    |
| PEANUTS                          | 000  |  |                    |
| SESAME                           |  |  |                    |
| SOYA                             |  |  |                    |
| LUPIN                            | -  |  |                    |
| SULPHUR DIOXIDE                  |  | Irish Bacon, Streaky Bacon Black<br>Pudding, White Pudding Farm Reared<br>Sausages       |                    |

| NOTES |
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| Creation Date: 16.05.2024  Dish Description: |  | Ballycotton Smoked Salmon (W)             |                    |  |
|--|--|---|--------------------|--|
| Created By: Seán Mullins                     |  | Approved By: Caroline Moloney             |                    |  |
| -  |  | CONTAINS THIS ALLERGEN MAY CONTAIN TRACES |                    |  |
| ALLERGENS                                    |  | CONTAINS THIS ALLERGEN                    | WAT CONTAIN TRACES |  |
| GLUTEN                                       |  | Brown Bread                               |                    |  |
| EGGS   | Same of  | Brown Bread                               |                    |  |
| MILK   |  | Brown Bread, Cream Cheese                 |                    |  |
| CELERY                                       |  |   |                    |  |
| FISH   | The state of the s | Smoked Salmon                             |                    |  |
| CRUSTACEANS                                  | The same of the sa |   |                    |  |
| MOLLUSC                                      |  |   |                    |  |
| MUSTARD                                      |  | House Dressing                            |                    |  |
| NUTS   | - Sen  |   | Brown Bread        |  |
| PEANUTS                                      | O'S  |   |                    |  |
| SESAME                                       |  | Brown Bread                               |                    |  |
| SOYA   | 250  |   |                    |  |
| LUPIN  | -  |   |                    |  |
| SULPHUR DIOXIDE                              |  |   |                    |  |

| NOTES |  |
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| Creation Date: 16.05.2024  Dish Description: |  | Chicken Supreme (W)                   |                    |
|--|--|---------------------------------------|--------------------|
|  |  | Chicken Supreme (W)                   |                    |
| Created By: Seán Mullins                     |  | Approved By: Caroline Moloney         |                    |
| ALLERGENS                                    |  | CONTAINS THIS ALLERGEN                | MAY CONTAIN TRACES |
| GLUTEN                                       |  |                                       |                    |
| EGGS   |  |                                       |                    |
| MILK   |  | Creamy Mash, Red Wine & Cranberry Jus |                    |
| CELERY                                       |  |                                       |                    |
| FISH   | The same of  |                                       |                    |
| CRUSTACEANS                                  | TO THE STATE OF TH |                                       |                    |
| MOLLUSC                                      |  |                                       |                    |
| MUSTARD                                      |  |                                       |                    |
| NUTS   | - Ken  |                                       |                    |
| PEANUTS                                      | O'S  |                                       |                    |
| SESAME                                       |  |                                       |                    |
| SOYA   |  |                                       |                    |
| LUPIN  | -  |                                       |                    |
| SULPHUR DIOXIDE                              |  | Bacon Lardons                         |                    |

| NOTES |  |
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| Creation Date: 16.05.2024  Dish Description: |  | Panfried Salmon (W)           |                    |
|--|--|-------------------------------|--------------------|
| Disit Description.                           |  | Familied Samion (W)           |                    |
| Created By: Seán Mullins                     |  | Approved By: Caroline Moloney |                    |
| ALLERGENS                                    |  | CONTAINS THIS ALLERGEN        | MAY CONTAIN TRACES |
| GLUTEN                                       | ***  |                               |                    |
| EGGS   | Course i   | Bearnaise Sauce               |                    |
| MILK   |  | Bearnaise Sauce, Creamy Champ |                    |
| CELERY                                       |  |                               |                    |
| FISH   | 7  | Atlantic Salmon               |                    |
| CRUSTACEANS                                  | The same of the sa |                               |                    |
| MOLLUSC                                      |  |                               |                    |
| MUSTARD                                      |  |                               |                    |
| NUTS   | - Ken  |                               |                    |
| PEANUTS                                      | O'S  |                               |                    |
| SESAME                                       |  |                               |                    |
| SOYA   |  |                               |                    |
| LUPIN  | -  |                               |                    |
| SULPHUR DIOXIDE                              |  |                               |                    |

| NOTES |  |
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## H&L Brunch MENU

**ALLERGENS** 

HOOK & LADDER | 7 SARSFIELD STREET, LIMERICK / CORBALLY, LIMERICK / CASTLETROY, LIMERICK / DOORADOYLE, LIMERICK / TRAMORE RD, WATERFORD / WESTON AIRPORT, DUBLIN



| Creation Date: 16.05.2024 |  | Mini Munch  |                    |
|---------------------------|--|---|--------------------|
| Dish Description:         |  |   |                    |
| Created By: Seán Mullins  |  | Approved By: Caroline Moloney                               |                    |
| ALLERGENS                 |  | CONTAINS THIS ALLERGEN                                      | MAY CONTAIN TRACES |
| GLUTEN                    |  | Sausage, Black & White Pudding,<br>Rosemary Potatoes, Toast |                    |
| EGGS                      |  | Eggs  |                    |
| MILK                      |  |   |                    |
| CELERY                    |  |   |                    |
| FISH                      | The same of the sa |   |                    |
| CRUSTACEANS               | S. S.  | Rosemary Potatoes   |                    |
| MOLLUSC                   |  |   |                    |
| MUSTARD                   |  |   |                    |
| NUTS                      | - Ken  |   | Toast (Vienna)     |
| PEANUTS                   | 05   |   |                    |
| SESAME                    |  |   | Toast (Vienna)     |
| SOYA                      |  |   |                    |
| LUPIN                     | -  |   |                    |
| SULPHUR DIOXIDE           |  | Sausages, Irish Bacon, Black & White Pudding                |                    |

| NOTES |  |
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| <b>Creation Date:</b> 16.05.2024 |  | Weekend Druneh  |                    |
|----------------------------------|--|---|--------------------|
| Dish Description:                |  | Weekend Brunch  |                    |
| Created By: Seán Mullins         |  | Approved By: Caroline Moloney                               |                    |
| ALLERGENS                        |  | CONTAINS THIS ALLERGEN                                      | MAY CONTAIN TRACES |
| GLUTEN                           | 100  | Sausage, Black & White Pudding,<br>Rosemary Potatoes, Toast |                    |
| EGGS                             |  | Fried Eggs  |                    |
| MILK                             |  | Rosemary Potatoes, Mushrooms, Confit Tomato,                |                    |
| CELERY                           |  |   |                    |
| FISH                             | The state of the s |   |                    |
| CRUSTACEANS                      | Company of the second  |   | Rosemary Potatoes  |
| MOLLUSC                          |  |   |                    |
| MUSTARD                          |  |   |                    |
| NUTS                             | - New  |   | Toast (Vienna)     |
| PEANUTS                          | 0  |   |                    |
| SESAME                           |  |   | Toast (Vienna)     |
| SOYA                             |  |   |                    |
| LUPIN                            | -  |   |                    |
| SULPHUR DIOXIDE                  |  | Sausages, Irish Bacon, Black & White Pudding                |                    |

| NOTES |
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| Creation Date: 16.05.2024  Dish Description: |  | Benni Bo Chicken  |  |
|--|--|---|--|
| -  |  |   |  |
| Created By: Seán Mullins                     |  | Approved By: Caroline Moloney                                     |  |
| ALLERGENS                                    |  | CONTAINS THIS ALLERGEN  | MAY CONTAIN TRACES                     |
| GLUTEN                                       |  | Buttermilk Chicken Breast, (Add<br>Crispy Fries) (Add Hash Brown) |  |
| EGGS   | Algorithm .  | Poached Eggs  |  |
| MILK   |  | Buttermilk Chicken Breast   |  |
| CELERY                                       |  |   |  |
| FISH   | The state of the s |   |  |
| CRUSTACEANS                                  | Company of the second  |   | (Add Crispy Fries) (Add Hash<br>Brown) |
| MOLLUSC                                      | <b>6</b>   |   |  |
| MUSTARD                                      |  |   |  |
| NUTS   | -Ken   |   |  |
| PEANUTS                                      | O'S  |   |  |
| SESAME                                       |  |   |  |
| SOYA   |  |   |  |
| LUPIN  | -  |   |  |
| SULPHUR DIOXIDE                              |  |   |  |

| NOTES |
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| Creation Date: 16.05.2024 |  | IIII Carabi   |  |
|---------------------------|--|---|--|
| Dish Description:         |  | H&L Combi   |  |
| Created By: Seán Mullins  |  | Approved By: Caroline Moloney   |  |
| ALLERGENS                 |  | CONTAINS THIS ALLERGEN  | MAY CONTAIN TRACES                     |
| GLUTEN                    |  | Vienna Toast, Buttermilk Pancakes,<br>(Add Crispy Fries) (Add Hash Brown) |  |
| EGGS                      |  | Scrambled Eggs  |  |
| MILK                      |  |   |  |
| CELERY                    |  |   |  |
| FISH                      | The state of the s |   |  |
| CRUSTACEANS               | S. S.  |   | (Add Crispy Fries) (Add Hash<br>Brown) |
| MOLLUSC                   | 600  |   |  |
| MUSTARD                   |  |   |  |
| NUTS                      | - News   |   |  |
| PEANUTS                   | 05   |   |  |
| SESAME                    |  |   |  |
| SOYA                      | 280  |   |  |
| LUPIN                     | -  |   |  |
| SULPHUR DIOXIDE           |  | Irish Bacon   |  |

| NOTES |  |
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| Creation Date: 16.05.2024  Dish Description: |  | Drunch Sambo                                      |                                 |
|--|--|---|---------------------------------|
|  |  |   |                                 |
| Created By: Seán Mullins                     |  | Approved By: Caroline Moloney                     |                                 |
| ALLERGENS                                    |  | CONTAINS THIS ALLERGEN                            | MAY CONTAIN TRACES              |
| GLUTEN                                       |  | Hash Browns, Pork Sausages, (Add<br>Crispy Fries) |                                 |
| EGGS   |  | Fried Eggs  |                                 |
| MILK   |  | American Cheese,                                  |                                 |
| CELERY                                       |  |   |                                 |
| FISH   | The state of the s |   |                                 |
| CRUSTACEANS                                  | C.   |   | Hash Browns, (Add Crispy Fries) |
| MOLLUSC                                      |  |   |                                 |
| MUSTARD                                      |  |   |                                 |
| NUTS   | - New  |   |                                 |
| PEANUTS                                      | 000  |   |                                 |
| SESAME                                       |  |   |                                 |
| SOYA   | 250  |   |                                 |
| LUPIN  | -  |   |                                 |
| SULPHUR DIOXIDE                              |  | Streaky Bacon                                     |                                 |

| NOTES |
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| Creation Date: 16.05.2024 |  | Ctrocky Bonodict Docto                               |                    |
|---------------------------|--|--|--------------------|
| Dish Description:         |  | Streaky Benedict Pesto                               |                    |
| Created By: Seán Mullins  |  | Approved By: Caroline Moloney                        |                    |
| ALLERGENS                 |  | CONTAINS THIS ALLERGEN                               | MAY CONTAIN TRACES |
| GLUTEN                    |  | Toasted Brioche Bun,                                 |                    |
| EGGS                      | 0  | Toasted Brioche Bun, Hollandaise sauce, Poached eggs |                    |
| MILK                      |  | Toasted Brioche Bun, Hollandaise sauce, Basil pesto  |                    |
| CELERY                    |  |  |                    |
| FISH                      | 1  |  |                    |
| CRUSTACEANS               | The same of the sa |  |                    |
| MOLLUSC                   |  |  |                    |
| MUSTARD                   |  |  |                    |
| NUTS                      | Kr.  | Basil Pesto  |                    |
| PEANUTS                   |  |  |                    |
| SESAME                    |  |  |                    |
| SOYA                      |  |  |                    |
| LUPIN                     | 1  |  |                    |
| SULPHUR DIOXIDE           |  | Irish Bacon  |                    |

| NOTES |
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| Creation Date:               |  |  |                    |
|------------------------------|--|--|--------------------|
| Dish Description: 16.05.2024 |  | Cinnamon Swirl French Toast  |                    |
| Created By: Seán Mullins     |  | Approved By: Caroline Moloney  |                    |
| ALLERGENS                    |  | CONTAINS THIS ALLERGEN   | MAY CONTAIN TRACES |
| GLUTEN                       |  | Cinnamon Swirl   |                    |
| EGGS                         |  | Cinnamon Swirl, (Addon Salted<br>Caramel Ice Cream)                          |                    |
| MILK                         | J  | Cinnamon Swirl, Custard, Fresh<br>Cream, (Addon Salted Caramel Ice<br>Cream) |                    |
| CELERY                       |  |  |                    |
| FISH                         | The state of the s |  |                    |
| CRUSTACEANS                  | The same of the sa |  |                    |
| MOLLUSC                      |  |  |                    |
| MUSTARD                      |  |  |                    |
| NUTS                         | -Ken   |  |                    |
| PEANUTS                      | 05   |  |                    |
| SESAME                       |  |  | Cinnamon Swirl     |
| SOYA                         |  |  | Cinnamon Swirl     |
| LUPIN                        |  |  |                    |
| SULPHUR DIOXIDE              |  | (Addon Streaky Bacon)  |                    |

| NOTES |
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| Creation Date: Dish Description: 16.05.2024 | Discussion Transform   |   | ıst (W)            |
|---|--|---|--------------------|
| Created By: Seán Mullins                    |  | Approved By: Caroline Moloney                 |                    |
| ALLERGENS                                   |  | CONTAINS THIS ALLERGEN                        | MAY CONTAIN TRACES |
| GLUTEN                                      |  | French Toast, Biscoff Sauce, Biscoff<br>Crumb |                    |
| EGGS  |  | French Toast                                  |                    |
| MILK  |  | French Toast, Mascarpone cream                |                    |
| CELERY                                      |  |   |                    |
| FISH  | The state of the s |   |                    |
| CRUSTACEANS                                 | TO SO  |   |                    |
| MOLLUSC                                     |  |   |                    |
| MUSTARD                                     |  |   |                    |
| NUTS  | No.  |   | French Toast       |
| PEANUTS                                     |  |   |                    |
| SESAME                                      |  |   | French Toast       |
| SOYA  |  | Biscoff Sauce, Biscoff Crumb                  | French Toast       |
| LUPIN                                       | -  |   |                    |
| SULPHUR DIOXIDE                             |  |   | French Toast       |

| NOTES |
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| Creation Date:  Dish Description: 16.05.2024 |  | Eggs Royale (W)                                 |                    |
|--|--|---|--------------------|
| Created By: Seán Mullins                     |  | Approved By: Caroline Moloney                   |                    |
| ALLERGENS                                    |  | CONTAINS THIS ALLERGEN                          | MAY CONTAIN TRACES |
| GLUTEN                                       |  | Brown Bread                                     |                    |
| EGGS   |  | Brown Bread, Poached Eggs,<br>Hollandaise Sauce |                    |
| MILK   |  | Brown Bread, Poached Eggs,<br>Hollandaise Sauce |                    |
| CELERY                                       |  |   |                    |
| FISH   | The state of the s | Smoked Salmon                                   |                    |
| CRUSTACEANS                                  | The same of the sa |   |                    |
| MOLLUSC                                      |  |   |                    |
| MUSTARD                                      |  |   |                    |
| NUTS   | - Ken  |   | Brown Bread        |
| PEANUTS                                      | 05   |   |                    |
| SESAME                                       |  | Brown Bread                                     |                    |
| SOYA   |  |   |                    |
| LUPIN  | -  |   |                    |
| SULPHUR DIOXIDE                              |  |   |                    |

| NOTES |
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| Creation Date:               |  | Eggs Panadist (M/)                              |                    |
|------------------------------|--|---|--------------------|
| Dish Description: 16.05.2024 |  | Eggs Benedict (W)                               |                    |
| Created By: Seán Mullins     |  | Approved By: Caroline Moloney                   |                    |
| ALLERGENS                    |  | CONTAINS THIS ALLERGEN                          | MAY CONTAIN TRACES |
| GLUTEN                       |  | Brioche Bun                                     |                    |
| EGGS                         |  | Brioche Bun, Poached Eggs,<br>Hollandaise Sauce |                    |
| MILK                         |  | Brioche Bun, Hollandaise Sauce                  |                    |
| CELERY                       |  |   |                    |
| FISH                         | The same of the sa |   |                    |
| CRUSTACEANS                  | Company of the same of the sam |   |                    |
| MOLLUSC                      |  |   |                    |
| MUSTARD                      |  | Fines Herbs Vinaigrette                         |                    |
| NUTS                         | No.  |   |                    |
| PEANUTS                      | 05   |   |                    |
| SESAME                       |  |   |                    |
| SOYA                         | 436  |   |                    |
| LUPIN                        | 4  |   |                    |
| SULPHUR DIOXIDE              |  |   |                    |

| NOTES |
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| Creation Date: 16.05.2024 Dish Description: |  | Avocado Benedict               |                    |
|---|--|--------------------------------|--------------------|
|   |  |                                |                    |
| Created By: Seán Mullins                    |  | Approved By: Caroline Moloney  |                    |
| ALLERGENS                                   |  | CONTAINS THIS ALLERGEN         | MAY CONTAIN TRACES |
| GLUTEN                                      |  | Brioche Bun                    |                    |
| EGGS  |  | Poached Eggs, Brioche Bun      |                    |
| MILK  |  | Hollandaise Sauce, Brioche Bun |                    |
| CELERY                                      |  |                                |                    |
| FISH  | The state of the s |                                |                    |
| CRUSTACEANS                                 | Company of the same of the sam |                                |                    |
| MOLLUSC                                     | <b>6</b> 00  |                                |                    |
| MUSTARD                                     |  |                                |                    |
| NUTS  | - New  |                                |                    |
| PEANUTS                                     | O.S.   |                                |                    |
| SESAME                                      | 18.3   | Beet Hummus                    |                    |
| SOYA  |  |                                |                    |
| LUPIN                                       | 4  |                                |                    |
| SULPHUR DIOXIDE                             |  |                                |                    |

| NOTES |  |
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| Creation Date: 16.05.2024  Dish Description: |  | Loaded Bowl                        |                    |
|--|--|------------------------------------|--------------------|
| Created By: Seán Mullins                     |  | Approved By: Caroline Moloney      |                    |
| ALLERGENS                                    |  | CONTAINS THIS ALLERGEN             | MAY CONTAIN TRACES |
| GLUTEN                                       |  | Roast Chicken Pieces, Crispy Fries |                    |
| EGGS   |  | Sriracha Aioli                     |                    |
| MILK   |  | Roast Chicken Pieces,              |                    |
| CELERY                                       |  |                                    |                    |
| FISH   | 35   |                                    |                    |
| CRUSTACEANS                                  | TO STATE OF THE PARTY OF THE PA |                                    | Crispy Fries       |
| MOLLUSC                                      | 000  |                                    |                    |
| MUSTARD                                      |  | Sriracha Aioli                     |                    |
| NUTS   | - New  |                                    |                    |
| PEANUTS                                      | 05   |                                    |                    |
| SESAME                                       |  |                                    |                    |
| SOYA   |  |                                    |                    |
| LUPIN  | -  |                                    |                    |
| SULPHUR DIOXIDE                              |  | Sriracha Aioli                     |                    |

| NOTES |
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# H&L Lunch MENU

**ALLERGENS** 

HOOK & LADDER | 7 SARSFIELD STREET, LIMERICK / CORBALLY, LIMERICK / CASTLETROY, LIMERICK / DOORADOYLE, LIMERICK / TRAMORE RD, WATERFORD / WESTON AIRPORT, DUBLIN



| Creation Date: 16.05.2024 |       | Atlantia Saamni               |                    |
|---------------------------|-------|-------------------------------|--------------------|
| Dish Description:         |       | Atlantic Scampi               |                    |
| Created By: Seán Mullins  |       | Approved By: Caroline Moloney |                    |
| ALLERGENS                 |       | CONTAINS THIS ALLERGEN        | MAY CONTAIN TRACES |
| GLUTEN                    | ***   | Scampi, Crispy Fries          |                    |
| EGGS                      |       | Tartare Sauce                 |                    |
| MILK                      |       | Scampi                        |                    |
| CELERY                    |       |                               |                    |
| FISH                      | 30    |                               |                    |
| CRUSTACEANS               | S. S. | Scampi                        | Crispy Fries       |
| MOLLUSC                   |       |                               |                    |
| MUSTARD                   |       | Tartare Sauce                 |                    |
| NUTS                      | -Ken  |                               |                    |
| PEANUTS                   | O'S   |                               |                    |
| SESAME                    |       |                               |                    |
| SOYA                      |       |                               |                    |
| LUPIN                     | -     |                               |                    |
| SULPHUR DIOXIDE           |       |                               |                    |

#### NOTES

Upgrade to Dirty Fries Addon Please refer to type of dirty fries for more accurate Allergen info



| <b>Creation Date:</b> 16.05.2024 |                            |  |   |
|----------------------------------|----------------------------|--|---|
| Dish Description:                |                            | Mother Clucker   |   |
| Created By: Seán Mullins         |                            | Approved By: Caroline Moloney  |   |
| ALLERGENS                        |                            | CONTAINS THIS ALLERGEN   | MAY CONTAIN TRACES                                      |
| GLUTEN                           | <b>* * * * * * * * * *</b> | Crispy Fried Buttermilk Chicken<br>Breast, Brioche Bun, Crispy Fries         |   |
| EGGS                             | And the                    | Brioche bun, House Slaw, Sriracha<br>Aioli                                   |   |
| MILK                             |                            | Crispy Fried Buttermilk Chicken<br>Breast, Brioche Bun, Melted<br>Mozzarella |   |
| CELERY                           |                            |  |   |
| FISH                             | 300                        |  |   |
| CRUSTACEANS                      | Company of the second      |  | Crispy Fried Buttermilk Chicken<br>Breast, Crispy Fries |
| MOLLUSC                          |                            |  |   |
| MUSTARD                          |                            | House Slaw, Sriracha Aioli   |   |
| NUTS                             | - Ken                      |  |   |
| PEANUTS                          | 0                          |  |   |
| SESAME                           | 100                        |  |   |
| SOYA                             | 480                        |  |   |
| LUPIN                            | -                          |  |   |
| SULPHUR DIOXIDE                  |                            | (Add Irish Bacon)  |   |

#### NOTES

Upgrade to Dirty Fries Addon Please refer to type of dirty fries for more accurate Allergen info



| Creation Date: 16.05.2024 |  | 8oz Burger                                    |                    |
|---------------------------|--|---|--------------------|
| Dish Description:         |  | 602 Burger                                    |                    |
| Created By: Seán Mullins  |  | Approved By: Caroline Moloney                 |                    |
| ALLERGENS                 |  | CONTAINS THIS ALLERGEN                        | MAY CONTAIN TRACES |
| GLUTEN                    |  | 8oz Burger, Brioche Bun, Crispy Fries         |                    |
| EGGS                      | Jane 1   | Brioche bun, House Aioli (Roast<br>Garlic)    |                    |
| MILK                      | J  | Brioche Bun, Dubliner Cheddar                 |                    |
| CELERY                    |  |   |                    |
| FISH                      | The same of the sa |   |                    |
| CRUSTACEANS               | The same of the sa |   | Crispy Fries       |
| MOLLUSC                   |  |   |                    |
| MUSTARD                   |  | House Aioli (Roast Garlic), Dijon<br>Dressing |                    |
| NUTS                      | New York   |   |                    |
| PEANUTS                   | 0  |   |                    |
| SESAME                    |  |   |                    |
| SOYA                      | 286  |   |                    |
| LUPIN                     | -  |   |                    |
| SULPHUR DIOXIDE           |  | Irish Bacon Slice                             |                    |

#### NOTES

Upgrade to Dirty Fries Addon Please refer to type of dirty fries for more accurate Allergen info



| Creation Date: 16.05.2024 |  | Vogan Burger                       |                    |
|---------------------------|--|------------------------------------|--------------------|
| Dish Description:         |  | Vegan Burger                       |                    |
| Created By: Seán Mullins  |  | Approved By: Caroline Moloney      |                    |
| ALLERGENS                 |  | CONTAINS THIS ALLERGEN             | MAY CONTAIN TRACES |
| GLUTEN                    |  | Blaa, Broadbean & Courgette Burger |                    |
| EGGS                      | San i  |                                    | Blaa               |
| MILK                      |  |                                    | Blaa               |
| CELERY                    |  |                                    |                    |
| FISH                      | 30   |                                    |                    |
| CRUSTACEANS               | TO THE STATE OF TH |                                    |                    |
| MOLLUSC                   |  |                                    |                    |
| MUSTARD                   |  | Chili Mayo                         |                    |
| NUTS                      | No.  |                                    |                    |
| PEANUTS                   | 05   |                                    |                    |
| SESAME                    |  |                                    | Blaa               |
| SOYA                      | 250  | Broadbean & Courgette Burger       | Blaa               |
| LUPIN                     | -  |                                    |                    |
| SULPHUR DIOXIDE           |  |                                    |                    |

| NOTES |  |
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| Creation Date: 16.05.2024  Dish Description: |  | Asian Stir-Fry Chicken/Veg/Tofu |                    |
|--|--|---------------------------------|--------------------|
| Created By: Seán Mullins                     |  | Approved By: Caroline Moloney   |                    |
| ALLERGENS                                    |  | CONTAINS THIS ALLERGEN          | MAY CONTAIN TRACES |
| GLUTEN                                       |  | Egg Noodles                     |                    |
| EGGS   |  | Egg Noodles                     |                    |
| MILK   |  |                                 |                    |
| CELERY                                       |  |                                 |                    |
| FISH   | 7  |                                 |                    |
| CRUSTACEANS                                  | E STATE OF THE PARTY OF THE PAR |                                 |                    |
| MOLLUSC                                      | <b>6</b>   | Oyster Sauce                    |                    |
| MUSTARD                                      |  |                                 |                    |
| NUTS   | den.   |                                 |                    |
| PEANUTS                                      | 05   |                                 |                    |
| SESAME                                       |  | Sesame Seeds, Sesame oil        |                    |
| SOYA   | 250  | Tofu                            |                    |
| LUPIN  | -  |                                 |                    |
| SULPHUR DIOXIDE                              |  |                                 |                    |

| NOTES |
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| Creation Date: 16.05.2024 Dish Description: |             | Fireman's Chicken              | /Veg/Tofu Curry    |
|---|-------------|--------------------------------|--------------------|
| Created By: Seán Mullins                    |             | Approved By: Caroline Moloney  |                    |
| ALLERGENS                                   |             | CONTAINS THIS ALLERGEN         | MAY CONTAIN TRACES |
| GLUTEN                                      |             | Naan Bread, (Add crispy fries) |                    |
| EGGS  |             |                                |                    |
| MILK  |             | Naan bread                     |                    |
| CELERY                                      |             | Curry Sauce                    |                    |
| FISH  | The same of |                                |                    |
| CRUSTACEANS                                 |             |                                | (Add Crispy Fries) |
| MOLLUSC                                     | <b>6</b> 50 |                                |                    |
| MUSTARD                                     |             |                                |                    |
| NUTS  | -Ken        |                                |                    |
| PEANUTS                                     | 05          |                                |                    |
| SESAME                                      | 15-11       |                                |                    |
| SOYA  |             | Tofu                           |                    |
| LUPIN                                       | -           |                                |                    |
| SULPHUR DIOXIDE                             |             |                                |                    |

| NOTES |  |
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| Creation Date: 16.05.2024  Dish Description: |  | Goat's Cheese Sala                                      | ad                     |
|--|--|---|------------------------|
| DIST Description:                            |  | Goat 3 Cheese San                                       | au                     |
| Created By: Seán Mullins                     |  | Approved By: Caroline Moloney                           |                        |
| ALLERGENS                                    |  | CONTAINS THIS ALLERGEN                                  | MAY CONTAIN TRACES     |
| GLUTEN                                       | 195  | Honey and pumpkin Loaf, Pickled<br>Beetroot             |                        |
| EGGS   |  | Honey and pumpkin Loaf                                  |                        |
| MILK   |  | Honey and pumpkin Loaf, Goats<br>Cheese, Butter Portion |                        |
| CELERY                                       |  |   |                        |
| FISH   | 300  |   |                        |
| CRUSTACEANS                                  | TO THE STATE OF TH |   |                        |
| MOLLUSC                                      | <b>6</b> 00  |   |                        |
| MUSTARD                                      |  | House Dressing  |                        |
| NUTS   | - Sen  | Roasted walnuts   | Honey and pumpkin Loaf |
| PEANUTS                                      | OS.  |   |                        |
| SESAME                                       |  | Honey and pumpkin Loaf                                  |                        |
| SOYA   | 250  |   |                        |
| LUPIN  | -  |   |                        |
| SULPHUR DIOXIDE                              |  | Balsamic Glaze  |                        |

| NOTES |  |
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| Creation Date: 16.05.2024  Dish Description: |  | Superfood Salad                           |                        |
|--|--|---|------------------------|
|  |  |   |                        |
| Created By: Seán Mullins                     |  | Approved By: Caroline Moloney             |                        |
| ALLERGENS                                    |  | CONTAINS THIS ALLERGEN                    | MAY CONTAIN TRACES     |
| GLUTEN                                       | 4  | Honey and pumpkin Loaf                    |                        |
| EGGS   | And i  | Honey and pumpkin Loaf                    |                        |
| MILK   |  | Honey and pumpkin Loaf, Butter<br>Portion |                        |
| CELERY                                       |  |   | Sweet Potato           |
| FISH   | 30   |   |                        |
| CRUSTACEANS                                  | The same of the sa |   |                        |
| MOLLUSC                                      |  |   |                        |
| MUSTARD                                      |  | House Dressing                            | Sweet Potato           |
| NUTS   | - News   | Roasted walnuts                           | Honey and pumpkin Loaf |
| PEANUTS                                      | O'S  |   |                        |
| SESAME                                       |  | Honey and pumpkin Loaf                    | Sweet Potato           |
| SOYA   |  |   |                        |
| LUPIN  | -  |   |                        |
| SULPHUR DIOXIDE                              |  | Balsamic Glaze                            |                        |

| NOTES |
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| Creation Date: 16.05.2024  Dish Description: |  | Signature Chicken                                       | Caesar Salad           |
|--|--|---|------------------------|
|  |  |   | Sacsar Saraa           |
| Created By: Seán Mullins                     |  | Approved By: Caroline Moloney                           |                        |
| ALLERGENS                                    |  | CONTAINS THIS ALLERGEN                                  | MAY CONTAIN TRACES     |
| GLUTEN                                       |  | Croutons, Honey and Pumpkin Loaf                        |                        |
| EGGS   | The second of  | Creamy Caesar dressing, Honey and Pumpkin Loaf          |                        |
| MILK   |  | Grated Parmesan, Honey and Pumpkin Loaf, Butter Portion |                        |
| CELERY                                       |  |   | Piri Piri Chicken      |
| FISH   | The state of the s | Creamy Caesar dressing                                  |                        |
| CRUSTACEANS                                  | The same of the sa |   |                        |
| MOLLUSC                                      |  |   |                        |
| MUSTARD                                      |  | Creamy Caesar dressing                                  | Piri Piri Chicken      |
| NUTS   | - Ken  |   | Honey and Pumpkin Loaf |
| PEANUTS                                      | O'S  |   |                        |
| SESAME                                       |  | Honey and Pumpkin Loaf                                  | Piri Piri Chicken      |
| SOYA   | 2  |   |                        |
| LUPIN  | -  |   |                        |
| SULPHUR DIOXIDE                              |  | Smoked Bacon Lardons, Creamy<br>Caesar Dressing         |                        |

| NOTES |  |
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| Creation Date: 16.05.2024  Dish Description: |  | Soup of the day  |                    |
|--|--|--|--------------------|
| Created By: Seán Mullins                     |  | Approved By: Caroline Moloney                              |                    |
| ALLERGENS                                    |  | CONTAINS THIS ALLERGEN                                     | MAY CONTAIN TRACES |
| GLUTEN                                       |  | Honey and Pumpkin Loaf                                     |                    |
| EGGS   |  | Honey and Pumpkin Loaf                                     |                    |
| MILK   |  | Soup of the Day, Honey and Pumpkin<br>Loaf, Butter Portion |                    |
| CELERY                                       |  | Soup of the Day  |                    |
| FISH   | 3  |  |                    |
| CRUSTACEANS                                  | TO STATE OF THE PARTY OF THE PA |  |                    |
| MOLLUSC                                      |  |  |                    |
| MUSTARD                                      |  |  |                    |
| NUTS   | - Ken  |  |                    |
| PEANUTS                                      | O S  |  |                    |
| SESAME                                       |  | Honey and Pumpkin Loaf                                     |                    |
| SOYA   |  |  |                    |
| LUPIN  | -  |  |                    |
| SULPHUR DIOXIDE                              |  |  |                    |

| NOTES |
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| Creation Date: 16.05.2024  Dish Description: |  | H&L Club Sandwich/Weston Flying |                    |
|--|--|---------------------------------|--------------------|
| Created By: Seán Mullins                     |  | Approved By: Caroline Moloney   |                    |
| ALLERGENS                                    |  | CONTAINS THIS ALLERGEN          | MAY CONTAIN TRACES |
| GLUTEN                                       |  | Batch Loaf, Crispy Fries        |                    |
| EGGS   |  | Fried Egg, House Slaw           |                    |
| MILK   |  | Cup of Soup                     |                    |
| CELERY                                       |  | Cup of Soup                     |                    |
| FISH   | The state of the s |                                 |                    |
| CRUSTACEANS                                  | <b>E</b>   |                                 | (Crispy Fries)     |
| MOLLUSC                                      | <b>650</b>   |                                 |                    |
| MUSTARD                                      |  | Zesty Relish, House Slaw        |                    |
| NUTS   | - New  |                                 |                    |
| PEANUTS                                      | 05   |                                 |                    |
| SESAME                                       |  |                                 |                    |
| SOYA   |  |                                 |                    |
| LUPIN  | -  |                                 |                    |
| SULPHUR DIOXIDE                              |  | Crispy Bacon, House Slaw        |                    |

| NOTES |  |
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| <b>Creation Date:</b> 16.05.2024 |  |  |                    |
|----------------------------------|--|--|--------------------|
| Dish Description:                |  | Station Toastie                                    |                    |
| Created By: Seán Mullins         |  | Approved By: Caroline Moloney                      |                    |
| ALLERGENS                        |  | CONTAINS THIS ALLERGEN                             | MAY CONTAIN TRACES |
| GLUTEN                           |  | Batch Loaf,  |                    |
| EGGS                             |  | House Slaw   |                    |
| MILK                             |  | Batch Loaf, Signature Cheese blend,<br>Cup of soup |                    |
| CELERY                           |  | Cup of soup  |                    |
| FISH                             | The same of the sa |  |                    |
| CRUSTACEANS                      | The same of the sa |  | Crispy Fries       |
| MOLLUSC                          | 600  |  |                    |
| MUSTARD                          |  | House Slaw   |                    |
| NUTS                             | New Year   |  |                    |
| PEANUTS                          | 05   |  |                    |
| SESAME                           |  |  |                    |
| SOYA                             |  |  |                    |
| LUPIN                            | -  |  |                    |
| SULPHUR DIOXIDE                  |  | House Slaw   |                    |

| NOTES |  |
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| Creation Date: 16.05.2024  Dish Description: |  | Italian Caprese Bru   | ıschetta           |
|--|--|---|--------------------|
| Created By: Seán Mullins                     |  | Approved By: Caroline Moloney                                 |                    |
| ALLERGENS                                    |  | CONTAINS THIS ALLERGEN  | MAY CONTAIN TRACES |
| GLUTEN                                       |  | Toasted Sourdough, Crispy Fries                               |                    |
| EGGS   |  | House Slaw  |                    |
| MILK   |  | Basil Pesto, Buffalo Mozzarella,<br>Goats Cheese, Cup of Soup |                    |
| CELERY                                       |  | Cup of Soup   |                    |
| FISH   | The same of the sa |   |                    |
| CRUSTACEANS                                  | £ 1  |   | Crispy Fries       |
| MOLLUSC                                      | 600  |   |                    |
| MUSTARD                                      |  | House Slaw  |                    |
| NUTS   | - Ken  | Basil Pesto   |                    |
| PEANUTS                                      | 05   |   |                    |
| SESAME                                       |  |   |                    |
| SOYA   | 2  |   |                    |
| LUPIN  | -  |   |                    |
| SULPHUR DIOXIDE                              |  | House Slaw  |                    |

| NOTES |  |
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| Creation Date: 16.05.2024  Dish Description: |  | Hot Flame Chicken               |                    |
|--|--|---------------------------------|--------------------|
| Created By: Seán Mullins                     |  | Approved By: Caroline Moloney   |                    |
| ALLERGENS                                    |  | CONTAINS THIS ALLERGEN          | MAY CONTAIN TRACES |
| GLUTEN                                       |  | Toasted Sourdough, Crispy Fries |                    |
| EGGS   |  | Sriracha Mayo, House Slaw       |                    |
| MILK   | J  | Cup of soup                     |                    |
| CELERY                                       |  | Cup of soup                     | Piri Piri Chicken  |
| FISH   | 78   |                                 |                    |
| CRUSTACEANS                                  | TO STATE OF THE PARTY OF THE PA |                                 | Crispy Fries       |
| MOLLUSC                                      |  |                                 |                    |
| MUSTARD                                      |  | Sriracha Mayo, House Slaw       | Piri Piri Chicken  |
| NUTS   | - Sen  |                                 |                    |
| PEANUTS                                      | 05   |                                 |                    |
| SESAME                                       |  |                                 | Piri Piri Chicken  |
| SOYA   |  |                                 |                    |
| LUPIN  | -  |                                 |                    |
| SULPHUR DIOXIDE                              |  | Sriracha Mayo, House Slaw       |                    |

| NOTES |
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| Creation Date: 16.05.2024  Dish Description: |       | Slow & Low BBQ P                          | ork                |
|--|-------|---|--------------------|
| Created By: Seán Mullins                     |       | Approved By: Caroline Moloney             | OT N               |
|  |       | CONTAINS THIS ALLERGEN                    | MAY CONTAIN TRACES |
| ALLERGENS                                    |       | CONTAINS THIS ALLERGEN                    | MAY CONTAIN TRACES |
| GLUTEN                                       |       | BBQ Sauce, Toasted Blaa, Crispy Fries     |                    |
| EGGS   |       | Sriracha Mayo, House Slaw                 | Toasted Blaa       |
| MILK   |       | BBQ Sauce, Pulled Pork, Cup of Soup       | Toasted Blaa       |
| CELERY                                       |       | Pulled Pork, Cup of Soup                  |                    |
| FISH   | 300   |   |                    |
| CRUSTACEANS                                  |       |   | Crispy Fries       |
| MOLLUSC                                      |       |   |                    |
| MUSTARD                                      |       | Pulled Pork, Sriracha Mayo, House<br>Slaw |                    |
| NUTS   | - New |   |                    |
| PEANUTS                                      | 05    |   |                    |
| SESAME                                       |       | BBQ Sauce                                 | Toasted Blaa       |
| SOYA   | 9     | BBQ Sauce                                 | Toasted Blaa       |
| LUPIN  | -     |   |                    |
| SULPHUR DIOXIDE                              |       | Pulled Pork, Sriracha Mayo, House<br>Slaw |                    |

| NOTES |  |
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| Creation Date: 16.05.2024  Dish Description: |  | Chicken Caesar Wrap                             |                    |
|--|--|---|--------------------|
| Created By: Seán Mullins                     |  | Approved By: Caroline Moloney                   |                    |
| ALLERGENS                                    |  | CONTAINS THIS ALLERGEN                          | MAY CONTAIN TRACES |
| GLUTEN                                       |  |   |                    |
| EGGS   |  | Tortilla Wrap, Crispy Fries                     |                    |
| MILK   |  | Grated Parmesan, Cup of Soup                    |                    |
| CELERY                                       |  | Cup of Soup                                     | Roast Chicken      |
| FISH   | The same of the sa | Creamy Caesar Dressing                          |                    |
| CRUSTACEANS                                  | The state of the s |   | Crispy Fries       |
| MOLLUSC                                      | 600  |   |                    |
| MUSTARD                                      |  | Creamy Caesar Dressing                          | Roast Chicken      |
| NUTS   | -Ken   |   |                    |
| PEANUTS                                      | 05   |   |                    |
| SESAME                                       |  |   | Roast Chicken      |
| SOYA   |  |   |                    |
| LUPIN  | -  |   |                    |
| SULPHUR DIOXIDE                              |  | Smoked Bacon Lardons, Creamy<br>Caesar dressing |                    |

| NOTES |
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| Creation Date: 16.05.2024 |          | Sidos   |  |
|---------------------------|----------|---|--|
| Dish Description:         |          | Sides   |  |
| Created By: Seán Mullins  |          | Approved By: Caroline Moloney                 |  |
| ALLERGENS                 |          | CONTAINS THIS ALLERGEN                        | MAY CONTAIN TRACES                               |
| GLUTEN                    |          | Crispy Fries, Onion Rings, Sweet Potato Fries |  |
| EGGS                      |          | House Slaw                                    |  |
| MILK                      |          |   |  |
| CELERY                    |          |   |  |
| FISH                      | 300      |   |  |
| CRUSTACEANS               | W FOR    |   | Crispy Fries, Onion Rings, Sweet<br>Potato Fries |
| MOLLUSC                   | <b>6</b> |   |  |
| MUSTARD                   |          | House Slaw, Green Leaf Salad                  |  |
| NUTS                      | -Ken     |   |  |
| PEANUTS                   | O S      |   |  |
| SESAME                    |          |   |  |
| SOYA                      |          |   |  |
| LUPIN                     | -        |   |  |
| SULPHUR DIOXIDE           |          | House Slaw                                    |  |

| NOTES |
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| Creation Date: 16.05.2024  Dish Description: |  | Dirty Fries (BBQ Pulled Pork)             |       |
|--|--|---|-------|
| Created By: Seán Mullins                     |  | Approved By: Caroline Moloney             |       |
| ALLERGENS                                    |  | CONTAINS THIS ALLERGEN MAY CONTAIN TRACES |       |
| GLUTEN                                       |  | BBQ Sauce, Fries                          |       |
| EGGS   |  | Sriracha Mayo                             |       |
| MILK   |  | BBQ Sauce                                 |       |
| CELERY                                       |  |   |       |
| FISH   | The state of the s |   |       |
| CRUSTACEANS                                  | TO STATE OF THE PARTY OF THE PA |   | Fries |
| MOLLUSC                                      |  |   |       |
| MUSTARD                                      |  | Sriracha Mayo, Pulled Pork                |       |
| NUTS   | - Ken  |   |       |
| PEANUTS                                      | 05   |   |       |
| SESAME                                       |  | BBQ Sauce                                 |       |
| SOYA   | 2  | BBQ Sauce                                 |       |
| LUPIN  | -  |   |       |
| SULPHUR DIOXIDE                              |  | Pulled Pork                               |       |

| NOTES |
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| Creation Date: 16.05.2024 |                       | Dirty Fries (Bacon            | Lardons)           |
|---------------------------|-----------------------|-------------------------------|--------------------|
| Dish Description:         |                       | Dirty Fries (Bacon Lardons)   |                    |
| Created By: Seán Mullins  |                       | Approved By: Caroline Moloney |                    |
| ALLERGENS                 |                       | CONTAINS THIS ALLERGEN        | MAY CONTAIN TRACES |
| GLUTEN                    | ***                   | Fries                         |                    |
| EGGS                      | And the second        |                               |                    |
| MILK                      |                       | American Cheese               |                    |
| CELERY                    |                       |                               |                    |
| FISH                      | The same of           |                               |                    |
| CRUSTACEANS               | Company of the second |                               | Fries              |
| MOLLUSC                   |                       |                               |                    |
| MUSTARD                   |                       |                               |                    |
| NUTS                      | - New                 |                               |                    |
| PEANUTS                   | O'S                   |                               |                    |
| SESAME                    |                       |                               |                    |
| SOYA                      |                       |                               |                    |
| LUPIN                     | -                     |                               |                    |
| SULPHUR DIOXIDE           |                       | Bacon Lardons, Jalapenos      |                    |

| NOTES |
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| Creation Date: 16.05.2024 |                       | Dirty Fries (Veggie           | Fries)             |
|---------------------------|-----------------------|-------------------------------|--------------------|
| Dish Description:         |                       | Dirty Fries (Veggie Fries)    |                    |
| Created By: Seán Mullins  |                       | Approved By: Caroline Moloney |                    |
| ALLERGENS                 |                       | CONTAINS THIS ALLERGEN        | MAY CONTAIN TRACES |
| GLUTEN                    |                       | Fries                         |                    |
| EGGS                      | Agents.               |                               |                    |
| MILK                      |                       | American Cheese               |                    |
| CELERY                    |                       |                               |                    |
| FISH                      | T. Comments           |                               |                    |
| CRUSTACEANS               | Company of the second |                               | Fries              |
| MOLLUSC                   |                       |                               |                    |
| MUSTARD                   |                       |                               |                    |
| NUTS                      | - Ken                 |                               |                    |
| PEANUTS                   | Or Se                 |                               |                    |
| SESAME                    |                       |                               |                    |
| SOYA                      | 9                     |                               |                    |
| LUPIN                     | -                     |                               |                    |
| SULPHUR DIOXIDE           |                       | Jalapenos                     |                    |

| NOTES |  |
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## Little Rascals Kids MENU

### **ALLERGENS**

HOOK & LADDER | 7 SARSFIELD STREET, LIMERICK / CORBALLY, LIMERICK / CASTLETROY, LIMERICK / DOORADOYLE, LIMERICK / TRAMORE RD, WATERFORD / WESTON AIRPORT, DUBLIN



| Creation Date: 16.05.2024 |  | French Toast                  |                      |
|---------------------------|--|-------------------------------|----------------------|
| Dish Description:         |  | Trenen roast                  |                      |
| Created By: Seán Mullins  |  | Approved By: Caroline Moloney |                      |
| ALLERGENS                 |  | CONTAINS THIS ALLERGEN        | MAY CONTAIN TRACES   |
| GLUTEN                    |  | Brioche French Toast,         |                      |
| EGGS                      |  | Brioche French Toast          |                      |
| MILK                      |  | Brioche French Toast, Nutella |                      |
| CELERY                    |  |                               |                      |
| FISH                      | The state of the s |                               |                      |
| CRUSTACEANS               | TO STATE OF THE PARTY OF THE PA |                               |                      |
| MOLLUSC                   | 600  |                               |                      |
| MUSTARD                   |  |                               |                      |
| NUTS                      | -Ken   | Nutella                       | Brioche French Toast |
| PEANUTS                   | 05   |                               |                      |
| SESAME                    |  |                               | Brioche French Toast |
| SOYA                      |  | Nutella                       | Brioche French Toast |
| LUPIN                     | -  |                               |                      |
| SULPHUR DIOXIDE           |  | (Add Crispy Bacon)            | Brioche French Toast |

| NOTES |  |
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| Creation Date: 16.05.2024  Dish Description: |                       | Buttermilk Pancakes           |                    |
|--|-----------------------|-------------------------------|--------------------|
| Created By: Seán Mullins                     |                       | Approved By: Caroline Moloney |                    |
| ALLERGENS                                    |                       | CONTAINS THIS ALLERGEN        | MAY CONTAIN TRACES |
| GLUTEN                                       |                       | Pancakes                      |                    |
| EGGS   |                       | Pancakes                      |                    |
| MILK   | J                     | Pancakes, Nutella             |                    |
| CELERY                                       |                       |                               |                    |
| FISH   | 3                     |                               |                    |
| CRUSTACEANS                                  | Company of the second |                               |                    |
| MOLLUSC                                      |                       |                               |                    |
| MUSTARD                                      |                       |                               |                    |
| NUTS   | New Year              | Nutella                       |                    |
| PEANUTS                                      | OF S                  |                               |                    |
| SESAME                                       |                       |                               |                    |
| SOYA   |                       | Nutella                       |                    |
| LUPIN  | -                     |                               |                    |
| SULPHUR DIOXIDE                              |                       |                               |                    |

| NOTES |  |
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| Creation Date: 16.05.2024 |  | M&M Belgian Waffles            |                    |
|---------------------------|--|--------------------------------|--------------------|
| Dish Description:         |  | Walvi Beigian Wani             | <del>C</del> S     |
| Created By: Seán Mullins  |  | Approved By: Caroline Moloney  |                    |
| ALLERGENS                 |  | CONTAINS THIS ALLERGEN         | MAY CONTAIN TRACES |
| GLUTEN                    |  | Belgian Waffle                 |                    |
| EGGS                      |  | Belgian Waffle                 |                    |
| MILK                      |  | Nutella, M&M's                 |                    |
| CELERY                    |  |                                |                    |
| FISH                      | The same of the sa |                                |                    |
| CRUSTACEANS               | S. S   |                                |                    |
| MOLLUSC                   |  |                                |                    |
| MUSTARD                   |  |                                |                    |
| NUTS                      | -Ken   | Nutella                        | M&M's              |
| PEANUTS                   | 05   |                                | M&M's              |
| SESAME                    |  |                                |                    |
| SOYA                      |  | Belgian Waffle, Nutella, M&M's |                    |
| LUPIN                     | -  |                                |                    |
| SULPHUR DIOXIDE           |  |                                |                    |

| NOTES |
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| Creation Date: 16.05.2024  Dish Description: |  | Kiddies Mini Irish            |                    |
|--|--|-------------------------------|--------------------|
| Created By: Seán Mullins                     |  | Approved By: Caroline Moloney |                    |
| ALLERGENS                                    |  | CONTAINS THIS ALLERGEN        | MAY CONTAIN TRACES |
| ALLENGLING                                   |  | CONTAINS THIS ALLENGEN        | MAT CONTAIN TRACES |
| GLUTEN                                       |  | Toasted Vienna                |                    |
| EGGS   | A Separate   | Fried Egg, Scrambled Egg      |                    |
| MILK   |  | Scrambled Egg                 |                    |
| CELERY                                       |  |                               |                    |
| FISH   | The same of the sa |                               |                    |
| CRUSTACEANS                                  |  |                               |                    |
| MOLLUSC                                      |  |                               |                    |
| MUSTARD                                      |  |                               |                    |
| NUTS   | New York   |                               | Toasted Vienna     |
| PEANUTS                                      | Or Se  |                               |                    |
| SESAME                                       |  |                               | Toasted Vienna     |
| SOYA   |  |                               |                    |
| LUPIN  | -  |                               |                    |
| SULPHUR DIOXIDE                              |  | Irish Bacon, Sausage          |                    |

| NOTES |
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| Creation Date: 16.05.2024  Dish Description: |  | Bacon Blaa                    |                    |
|--|--|-------------------------------|--------------------|
| Created By: Seán Mullins                     |  | Approved By: Caroline Moloney |                    |
| ALLERGENS                                    |  | CONTAINS THIS ALLERGEN        | MAY CONTAIN TRACES |
| GLUTEN                                       |  | Waterford Blaa                |                    |
| EGGS   | Strange .  |                               | Waterford Blaa     |
| MILK   | J  |                               | Waterford Blaa     |
| CELERY                                       |  |                               |                    |
| FISH   | The state of the s |                               |                    |
| CRUSTACEANS                                  | TO SO  |                               |                    |
| MOLLUSC                                      | <b>3</b>   |                               |                    |
| MUSTARD                                      |  |                               |                    |
| NUTS   | - New  |                               |                    |
| PEANUTS                                      | 000  |                               |                    |
| SESAME                                       |  |                               | Waterford Blaa     |
| SOYA   |  |                               |                    |
| LUPIN  | -  |                               |                    |
| SULPHUR DIOXIDE                              |  | Irish Bacon                   |                    |

| NOTES |
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| Creation Date: 16.05.2024 Dish Description: |  | Scrambled Egg                 |                    |
|---|--|-------------------------------|--------------------|
| Created By: Seán Mullins                    |  | Approved By: Caroline Moloney |                    |
| ALLERGENS                                   |  | CONTAINS THIS ALLERGEN        | MAY CONTAIN TRACES |
| GLUTEN                                      |  | Toasted Vienna                |                    |
| EGGS  | Jan S  | Scrambled Egg                 |                    |
| MILK  |  | Scrambled Egg                 |                    |
| CELERY                                      |  |                               |                    |
| FISH  | 30   |                               |                    |
| CRUSTACEANS                                 | TO STATE OF THE PARTY OF THE PA |                               |                    |
| MOLLUSC                                     | <b>6</b>   |                               |                    |
| MUSTARD                                     |  |                               |                    |
| NUTS  | - Ken  |                               | Toasted Vienna     |
| PEANUTS                                     | 05   |                               |                    |
| SESAME                                      |  |                               | Toasted Vienna     |
| SOYA  | 2  |                               |                    |
| LUPIN                                       | -  |                               |                    |
| SULPHUR DIOXIDE                             |  |                               |                    |

| NOTES |
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| Creation Date: 16.05.2024  Dish Description: |  | Atlantic Scampi                 |                    |
|--|--|---------------------------------|--------------------|
| Created By: Seán Mullins                     |  | Approved By: Caroline Moloney   |                    |
| ALLERGENS                                    |  | CONTAINS THIS ALLERGEN          | MAY CONTAIN TRACES |
| GLUTEN                                       |  | Buttermilk Scampi, Crispy Fries |                    |
| EGGS   |  | Tartare Sauce                   |                    |
| MILK   |  | Buttermilk Scampi               |                    |
| CELERY                                       |  |                                 |                    |
| FISH   | The state of the s |                                 |                    |
| CRUSTACEANS                                  | TO STATE OF THE PARTY OF THE PA |                                 | Crispy Fries       |
| MOLLUSC                                      |  |                                 |                    |
| MUSTARD                                      |  | Tartare Sauce                   |                    |
| NUTS   | den.   |                                 |                    |
| PEANUTS                                      | 05   |                                 |                    |
| SESAME                                       |  |                                 |                    |
| SOYA   | 2  |                                 |                    |
| LUPIN  | -86  |                                 |                    |
| SULPHUR DIOXIDE                              |  |                                 |                    |

| NOTES |
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| Creation Date: 16.05.2024  Dish Description: |  | Penne Pasta with Butter & Parmesan |                    |
|--|--|------------------------------------|--------------------|
| Created By: Seán Mullins                     |  | Approved By: Caroline Moloney      |                    |
| ALLERGENS                                    |  | CONTAINS THIS ALLERGEN             | MAY CONTAIN TRACES |
| GLUTEN                                       |  | Penne Pasta, Garlic Bread          |                    |
| EGGS   |  |                                    |                    |
| MILK   |  | Butter, Parmesan, Garlic Bread     |                    |
| CELERY                                       |  |                                    |                    |
| FISH   | The same of the sa |                                    |                    |
| CRUSTACEANS                                  | TO SOME  |                                    |                    |
| MOLLUSC                                      | <b>6</b>   |                                    |                    |
| MUSTARD                                      |  |                                    |                    |
| NUTS   | - Sep  |                                    |                    |
| PEANUTS                                      | 000  |                                    |                    |
| SESAME                                       |  |                                    |                    |
| SOYA   |  |                                    |                    |
| LUPIN  | -  |                                    |                    |
| SULPHUR DIOXIDE                              |  |                                    |                    |

| NOTES |
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| Creation Date: 16.05.2024 Dish Description: |  | Penne Pasta With Tomato Sauce & Parmesan |                    |
|---|--|--|--------------------|
| Created By: Seán Mullins                    |  | Approved By: Caroline Moloney            |                    |
| ALLERGENS                                   |  | CONTAINS THIS ALLERGEN                   | MAY CONTAIN TRACES |
| GLUTEN                                      |  | Penne Pasta, Garlic Bread                |                    |
| EGGS  |  |  |                    |
| MILK  |  | Parmesan, Garlic Bread                   |                    |
| CELERY                                      |  |  |                    |
| FISH  | THE STATE OF THE S |  |                    |
| CRUSTACEANS                                 | <b>E</b>   |  |                    |
| MOLLUSC                                     |  |  |                    |
| MUSTARD                                     |  |  |                    |
| NUTS  | - Sen  |  |                    |
| PEANUTS                                     | 05   |  |                    |
| SESAME                                      |  |  |                    |
| SOYA  |  |  |                    |
| LUPIN                                       | -  |  |                    |
| SULPHUR DIOXIDE                             |  |  |                    |

| NOTES |
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| Creation Date: 16.05.2024 Dish Description: |  | Chicken Strips                |                    |
|---|--|-------------------------------|--------------------|
| Created By: Seán Mullins                    |  | Approved By: Caroline Moloney |                    |
| ALLERGENS                                   |  | CONTAINS THIS ALLERGEN        | MAY CONTAIN TRACES |
| GLUTEN                                      |  | Chicken Strips, Crispy Fries  |                    |
| EGGS  |  |                               |                    |
| MILK  |  |                               |                    |
| CELERY                                      |  |                               |                    |
| FISH  | The same of the sa |                               |                    |
| CRUSTACEANS                                 | To the same of the |                               | Crispy Fries       |
| MOLLUSC                                     |  |                               |                    |
| MUSTARD                                     |  |                               |                    |
| NUTS  | New York   |                               |                    |
| PEANUTS                                     | 05   |                               |                    |
| SESAME                                      | 300  |                               |                    |
| SOYA  | 2  |                               |                    |
| LUPIN                                       | -  |                               |                    |
| SULPHUR DIOXIDE                             |  |                               |                    |

| NOTES |  |
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| <b>Creation Date:</b> 16.05.2024 |  |  |                    |
|----------------------------------|--|--|--------------------|
| Dish Description:                |  | Cheese Burger                                    |                    |
| Created By: Seán Mullins         |  | Approved By: Caroline Moloney                    |                    |
| ALLERGENS                        |  | CONTAINS THIS ALLERGEN                           | MAY CONTAIN TRACES |
| GLUTEN                           |  | 6oz Beef Burger, Crispy Fries,<br>Waterford Blaa |                    |
| EGGS                             |  |  | Waterford Blaa     |
| MILK                             |  | Cheese   | Waterford Blaa     |
| CELERY                           |  |  |                    |
| FISH                             | The state of the s |  |                    |
| CRUSTACEANS                      | Company of the same of the sam |  | Crispy Fries       |
| MOLLUSC                          |  |  |                    |
| MUSTARD                          |  |  |                    |
| NUTS                             | * Sep  |  |                    |
| PEANUTS                          | 05   |  |                    |
| SESAME                           | 350  |  | Waterford Blaa     |
| SOYA                             |  |  |                    |
| LUPIN                            | -  |  |                    |
| SULPHUR DIOXIDE                  |  |  |                    |

| NOTES |
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| <b>Creation Date:</b> 16.05.2024 |  |                                    |                    |
|----------------------------------|--|------------------------------------|--------------------|
| Dish Description:                |  | Sausages & Chips                   |                    |
| Created By: Seán Mullins         |  | Approved By: Caroline Moloney      |                    |
| ALLERGENS                        |  | CONTAINS THIS ALLERGEN             | MAY CONTAIN TRACES |
| GLUTEN                           |  | Farm Reared Sausages, Crispy Fries |                    |
| EGGS                             |  |                                    |                    |
| MILK                             |  |                                    |                    |
| CELERY                           |  |                                    |                    |
| FISH                             | The same of the sa |                                    |                    |
| CRUSTACEANS                      | Company of the second  |                                    | Crispy Fries       |
| MOLLUSC                          |  |                                    |                    |
| MUSTARD                          |  |                                    |                    |
| NUTS                             | - Ken  |                                    |                    |
| PEANUTS                          | O'S  |                                    |                    |
| SESAME                           |  |                                    |                    |
| SOYA                             |  |                                    |                    |
| LUPIN                            | -  |                                    |                    |
| SULPHUR DIOXIDE                  |  | Farm Reared Sausages               |                    |

| NOTES |
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| Creation Date: 16.05.2024  Dish Description: |             | Toastie                       |                    |
|--|-------------|-------------------------------|--------------------|
| Created By: Seán Mullins                     |             | Approved By: Caroline Moloney |                    |
| ALLERGENS                                    |             | CONTAINS THIS ALLERGEN        | MAY CONTAIN TRACES |
| ALLERGENS                                    |             | CONTAINS THIS ALLERGEN        | MAT CONTAIN TRACES |
| GLUTEN                                       |             | Vienna Bread, Crispy Fries    |                    |
| EGGS   |             |                               |                    |
| MILK   |             | Cheddar Cheese                |                    |
| CELERY                                       |             |                               |                    |
| FISH   | 73          |                               |                    |
| CRUSTACEANS                                  |             |                               | Crispy Fries       |
| MOLLUSC                                      | <b>6</b> 00 |                               |                    |
| MUSTARD                                      |             |                               |                    |
| NUTS   | N. S.       |                               | Vienna Bread       |
| PEANUTS                                      | 05          |                               |                    |
| SESAME                                       |             |                               | Vienna Bread       |
| SOYA   |             |                               |                    |
| LUPIN  | -           |                               |                    |
| SULPHUR DIOXIDE                              |             |                               |                    |

| NOTES |
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| Creation Date: 16.05.2024 |  | Soup Of the Day   |                                      |
|---------------------------|--|---|--------------------------------------|
| Dish Description:         |  | Soup Of the Day   |                                      |
| Created By: Seán Mullins  |  | Approved By: Caroline Moloney   |                                      |
| ALLERGENS                 |  | CONTAINS THIS ALLERGEN  | MAY CONTAIN TRACES                   |
| GLUTEN                    |  | Honey & Pumpkin Seed Wheaten<br>Loaf                                  |                                      |
| EGGS                      | Sand i   | Honey & Pumpkin Seed Wheaten<br>Loaf                                  |                                      |
| MILK                      |  | Honey & Pumpkin Seed Wheaten<br>Loaf, Soup of the Day, Butter Portion |                                      |
| CELERY                    |  | Soup of the Day   |                                      |
| FISH                      | The state of the s |   |                                      |
| CRUSTACEANS               | TO STATE OF THE PARTY OF THE PA |   |                                      |
| MOLLUSC                   | 630  |   |                                      |
| MUSTARD                   |  |   |                                      |
| NUTS                      | -Ken   |   | Honey & Pumpkin Seed Wheaten<br>Loaf |
| PEANUTS                   | O'S  |   |                                      |
| SESAME                    |  | Honey & Pumpkin Seed Wheaten<br>Loaf                                  |                                      |
| SOYA                      |  |   |                                      |
| LUPIN                     | -  |   |                                      |
| SULPHUR DIOXIDE           |  |   |                                      |

| NOTES |
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| <b>Creation Date:</b> 16.05.2024 |  | Cidoo   |   |
|----------------------------------|--|---|---|
| Dish Description:                |  | Sides   |   |
| Created By: Seán Mullins         |  | Approved By: Caroline Moloney                 |   |
| ALLERGENS                        |  | CONTAINS THIS ALLERGEN                        | MAY CONTAIN TRACES                            |
| GLUTEN                           |  | Crispy Fries, Onion Rings, Sweet Potato Fries |   |
| EGGS                             | Sant i   | House Slaw                                    |   |
| MILK                             |  |   |   |
| CELERY                           |  |   |   |
| FISH                             | 300  |   |   |
| CRUSTACEANS                      | TO STATE OF THE PARTY OF THE PA |   | Crispy Fries, Onion Rings, Sweet Potato Fries |
| MOLLUSC                          | 600  |   |   |
| MUSTARD                          |  | House Slaw, Green Leaf Salad                  |   |
| NUTS                             | -Ken   |   |   |
| PEANUTS                          | 0  |   |   |
| SESAME                           |  |   |   |
| SOYA                             | 2  |   |   |
| LUPIN                            | -  |   |   |
| SULPHUR DIOXIDE                  |  |   |   |

| NOTES |  |
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| Creation Date: 16.05.2024  Dish Description: |  | Chocolate brownie Sundae       |                    |
|--|--|--------------------------------|--------------------|
| Created By: Seán Mullins                     |  | Approved By: Caroline Moloney  |                    |
| ALLERGENS                                    |  | CONTAINS THIS ALLERGEN         | MAY CONTAIN TRACES |
| GLUTEN                                       |  |                                |                    |
| EGGS   | Same?  | Brownie Bits                   |                    |
| MILK   |  | Ice cream, Cream, Brownie Bits |                    |
| CELERY                                       |  |                                |                    |
| FISH   | The same of the sa |                                |                    |
| CRUSTACEANS                                  | S. S. S.   |                                |                    |
| MOLLUSC                                      |  |                                |                    |
| MUSTARD                                      |  |                                |                    |
| NUTS   | - News   | Brownie Bits                   |                    |
| PEANUTS                                      | 05   |                                |                    |
| SESAME                                       |  |                                | Brownie Bits       |
| SOYA   | 2  | Brownie Bits                   |                    |
| LUPIN  | -  |                                |                    |
| SULPHUR DIOXIDE                              |  |                                |                    |

Although our Brownie Bits are made from Gluten-free products we cannot guarantee that it is completely free from Gluten as it is made in a kitchen where other gluten products are produced. So we can only class this as Gluten Friendly.



| Creation Date: 16.05.2024  Dish Description: |             | Banana Split                   |                    |
|--|-------------|--------------------------------|--------------------|
| Created By: Seán Mullins                     |             | Approved By: Caroline Moloney  |                    |
| ALLERGENS                                    |             | CONTAINS THIS ALLERGEN         | MAY CONTAIN TRACES |
| GLUTEN                                       |             |                                |                    |
| EGGS   |             | Brownie Bits                   |                    |
| MILK   |             | Ice cream, Cream, Brownie Bits |                    |
| CELERY                                       |             |                                |                    |
| FISH   | The same of |                                |                    |
| CRUSTACEANS                                  | S. S. S.    |                                |                    |
| MOLLUSC                                      |             |                                |                    |
| MUSTARD                                      |             |                                |                    |
| NUTS   | - Ken       | Brownie Bits                   |                    |
| PEANUTS                                      | 05          |                                |                    |
| SESAME                                       |             |                                | Brownie Bits       |
| SOYA   | 250         | Brownie Bits                   |                    |
| LUPIN  | -           |                                |                    |
| SULPHUR DIOXIDE                              |             |                                |                    |

Although our Brownie Bits are made from Gluten-free products we cannot guarantee that it is completely free from Gluten as it is made in a kitchen where other gluten products are produced. So we can only class this as Gluten Friendly.



| Creation Date: 16.05.2024  Dish Description: |       | Rocky Road                    |                    |
|--|-------|-------------------------------|--------------------|
| Created By: Seán Mullins                     |       | Approved By: Caroline Moloney |                    |
| ALLERGENS                                    |       | CONTAINS THIS ALLERGEN        | MAY CONTAIN TRACES |
| GLUTEN                                       |       | Rocky Road Slice              |                    |
| EGGS   |       |                               |                    |
| MILK   | J     | Rocky Road Slice              |                    |
| CELERY                                       |       |                               |                    |
| FISH   | 3     |                               |                    |
| CRUSTACEANS                                  | S. S. |                               |                    |
| MOLLUSC                                      |       |                               |                    |
| MUSTARD                                      |       |                               |                    |
| NUTS   | No.   | Rocky Road Slice              |                    |
| PEANUTS                                      | O'S   |                               |                    |
| SESAME                                       |       |                               | Rocky Road Slice   |
| SOYA   | 250   | Rocky Road Slice              |                    |
| LUPIN  | -     |                               |                    |
| SULPHUR DIOXIDE                              |       |                               |                    |

| NOTES |
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| Creation Date: 16.05.2024  Dish Description: |  | Kiddies Smartie Cookie        |                        |
|--|--|-------------------------------|------------------------|
| Dish Description.                            |  | Riddles Smartie Cookie        |                        |
| Created By: Seán Mullins                     |  | Approved By: Caroline Moloney |                        |
| ALLERGENS                                    |  | CONTAINS THIS ALLERGEN        | MAY CONTAIN TRACES     |
| GLUTEN                                       |  | Kiddies Smartie Cookie        |                        |
| EGGS   |  | Kiddies Smartie Cookie        |                        |
| MILK   |  | Kiddies Smartie Cookie        |                        |
| CELERY                                       |  |                               |                        |
| FISH   | The same of  |                               |                        |
| CRUSTACEANS                                  | E STATE OF THE STA |                               |                        |
| MOLLUSC                                      |  |                               |                        |
| MUSTARD                                      |  |                               |                        |
| NUTS   | New Year   |                               | Kiddies Smartie Cookie |
| PEANUTS                                      | 05   |                               | Kiddies Smartie Cookie |
| SESAME                                       |  |                               | Kiddies Smartie Cookie |
| SOYA   |  | Kiddies Smartie Cookie        |                        |
| LUPIN  | -  |                               |                        |
| SULPHUR DIOXIDE                              |  |                               |                        |

| NOTES |
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| Creation Date: 16.05.2024 |             | Nutella Cookie                |                    |
|---------------------------|-------------|-------------------------------|--------------------|
| Dish Description:         |             | Nutella Cookie                |                    |
| Created By: Seán Mullins  |             | Approved By: Caroline Moloney |                    |
| ALLERGENS                 |             | CONTAINS THIS ALLERGEN        | MAY CONTAIN TRACES |
| GLUTEN                    |             | Nutella Cookie                |                    |
| EGGS                      | Alcount !   | Nutella Cookie                |                    |
| MILK                      |             | Nutella Cookie                |                    |
| CELERY                    |             |                               |                    |
| FISH                      | The same of |                               |                    |
| CRUSTACEANS               | S. S.       |                               |                    |
| MOLLUSC                   |             |                               |                    |
| MUSTARD                   |             |                               |                    |
| NUTS                      | - Ken       | Nutella Cookie                |                    |
| PEANUTS                   | O'S         |                               |                    |
| SESAME                    |             |                               | Nutella Cookie     |
| SOYA                      |             | Nutella Cookie                |                    |
| LUPIN                     | -           |                               |                    |
| SULPHUR DIOXIDE           |             |                               |                    |

| NOTES |
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| Creation Date: 16.05.2024 |  | Muffin of the Day             |                    |
|---------------------------|--|-------------------------------|--------------------|
| Dish Description:         |  | Mullin of the Day             |                    |
| Created By: Seán Mullins  |  | Approved By: Caroline Moloney |                    |
| ALLERGENS                 |  | CONTAINS THIS ALLERGEN        | MAY CONTAIN TRACES |
| GLUTEN                    | <u> </u>   | Muffin of the Day             |                    |
| EGGS                      | Sant s   | Muffin of the Day             |                    |
| MILK                      |  | Muffin of the Day             |                    |
| CELERY                    |  |                               |                    |
| FISH                      | The state of the s |                               |                    |
| CRUSTACEANS               | C.   |                               |                    |
| MOLLUSC                   |  |                               |                    |
| MUSTARD                   |  |                               |                    |
| NUTS                      | -Ken   | Muffin of the Day             |                    |
| PEANUTS                   | O'S  |                               |                    |
| SESAME                    |  | Muffin of the Day             |                    |
| SOYA                      |  | Muffin of the Day             |                    |
| LUPIN                     | -  |                               |                    |
| SULPHUR DIOXIDE           |  |                               |                    |

| NOTES |
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| <b>Creation Date:</b> 16.05.2024 |  | C ( ) ( ) ( )                 |                    |
|----------------------------------|--|-------------------------------|--------------------|
| Dish Description:                |  | Scoop of Vanilla Ice Cream    |                    |
| Created By: Seán Mullins         |  | Approved By: Caroline Moloney |                    |
| ALLERGENS                        |  | CONTAINS THIS ALLERGEN        | MAY CONTAIN TRACES |
| GLUTEN                           | ***  |                               |                    |
| EGGS                             | Sant i   |                               |                    |
| MILK                             |  | Scoop of Vanilla Ice Cream    |                    |
| CELERY                           |  |                               |                    |
| FISH                             | The state of the s |                               |                    |
| CRUSTACEANS                      | Company of the same of the sam |                               |                    |
| MOLLUSC                          | 600  |                               |                    |
| MUSTARD                          |  |                               |                    |
| NUTS                             | -Ken   |                               |                    |
| PEANUTS                          | O'S  |                               |                    |
| SESAME                           |  |                               |                    |
| SOYA                             |  |                               |                    |
| LUPIN                            | -  |                               |                    |
| SULPHUR DIOXIDE                  | i de   |                               |                    |

| NOTES |
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# H&L Homemade Bakery MENU

**ALLERGENS** 

HOOK & LADDER | 7 SARSFIELD STREET, LIMERICK / CORBALLY, LIMERICK / CASTLETROY, LIMERICK / DOORADOYLE, LIMERICK / TRAMORE RD, WATERFORD / WESTON AIRPORT, DUBLIN



| Creation Date: 16.05.2024 |  | Spiced Carrot & Walnut Cake with                          |  |  |
|---------------------------|--|---|--|--|
| Dish Description:         |  | Cream Cheese Frosting                                     |  |  |
| Created By: Seán Mullins  |  | Approved By: Caroline Moloney                             |  |  |
| ALLERGENS                 |  | CONTAINS THIS ALLERGEN                                    | MAY CONTAIN TRACES                                     |  |
| GLUTEN                    |  | Spiced Carrot & Walnut Cake with<br>Cream Cheese Frosting |  |  |
| EGGS                      |  | Spiced Carrot & Walnut Cake with<br>Cream Cheese Frosting |  |  |
| MILK                      |  | Spiced Carrot & Walnut Cake with<br>Cream Cheese Frosting |  |  |
| CELERY                    |  |   |  |  |
| FISH                      | The same of the sa |   |  |  |
| CRUSTACEANS               | S. S.  |   |  |  |
| MOLLUSC                   |  |   |  |  |
| MUSTARD                   |  |   |  |  |
| NUTS                      | N. S.  | Spiced Carrot & Walnut Cake with<br>Cream Cheese Frosting |  |  |
| PEANUTS                   | 05   |   |  |  |
| SESAME                    |  |   | Spiced Carrot & Walnut Cake with Cream Cheese Frosting |  |
| SOYA                      | 2  |   |  |  |
| LUPIN                     | -  |   |  |  |
| SULPHUR DIOXIDE           |  |   |  |  |

| NOTE | ES . |  |
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| Creation Date: 16.05.2024  Dish Description: |  | Red Velvet Cake               |                    |
|--|--|-------------------------------|--------------------|
| Created By: Seán Mullins                     |  | Approved By: Caroline Moloney |                    |
| ALLERGENS                                    |  | CONTAINS THIS ALLERGEN        | MAY CONTAIN TRACES |
| GLUTEN                                       | 100  | Red Velvet Cake               |                    |
| EGGS   |  | Red Velvet Cake               |                    |
| MILK   |  | Red Velvet Cake               |                    |
| CELERY                                       |  |                               |                    |
| FISH   | The state of the s |                               |                    |
| CRUSTACEANS                                  |  |                               |                    |
| MOLLUSC                                      |  |                               |                    |
| MUSTARD                                      |  |                               |                    |
| NUTS   | - New  |                               | Red Velvet Cake    |
| PEANUTS                                      | OF S   |                               |                    |
| SESAME                                       |  |                               | Red Velvet Cake    |
| SOYA   | 2  |                               |                    |
| LUPIN  | -  |                               |                    |
| SULPHUR DIOXIDE                              |  |                               |                    |

| NOTES |  |
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| Creation Date: 16.05.2024 |  | Coffee Cake                   |                    |  |
|---------------------------|--|-------------------------------|--------------------|--|
| Dish Description:         |  | Collee Cake                   |                    |  |
| Created By: Seán Mullins  |  | Approved By: Caroline Moloney |                    |  |
| ALLERGENS                 |  | CONTAINS THIS ALLERGEN        | MAY CONTAIN TRACES |  |
| GLUTEN                    |  | Coffee Cake                   |                    |  |
| EGGS                      |  | Coffee Cake                   |                    |  |
| MILK                      |  | Coffee Cake                   |                    |  |
| CELERY                    |  |                               |                    |  |
| FISH                      | The state of the s |                               |                    |  |
| CRUSTACEANS               | TO THE   |                               |                    |  |
| MOLLUSC                   |  |                               |                    |  |
| MUSTARD                   |  |                               |                    |  |
| NUTS                      | -Ken   | Coffee Cake                   |                    |  |
| PEANUTS                   | 0  |                               |                    |  |
| SESAME                    |  |                               | Coffee Cake        |  |
| SOYA                      |  |                               |                    |  |
| LUPIN                     | -  |                               |                    |  |
| SULPHUR DIOXIDE           |  |                               |                    |  |

| NOTES |
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| Creation Date: 16.05.2024 |  | Seasonal Berry & White Chocolate                     |   |  |
|---------------------------|--|--|---|--|
| Dish Description:         |  | Meringue Roulade                                     |   |  |
| Created By: Seán Mullins  |  | Approved By: Caroline Moloney                        |   |  |
| ALLERGENS                 |  | CONTAINS THIS ALLERGEN                               | MAY CONTAIN TRACES                                |  |
| GLUTEN                    | and the same of th |  |   |  |
| EGGS                      |  | Seasonal Berry & White Chocolate<br>Meringue Roulade |   |  |
| MILK                      |  | Seasonal Berry & White Chocolate<br>Meringue Roulade |   |  |
| CELERY                    |  |  |   |  |
| FISH                      | 300  |  |   |  |
| CRUSTACEANS               | Company of the same of the sam |  |   |  |
| MOLLUSC                   |  |  |   |  |
| MUSTARD                   |  |  |   |  |
| NUTS                      | -Ken   | Seasonal Berry & White Chocolate<br>Meringue Roulade |   |  |
| PEANUTS                   | 05   |  |   |  |
| SESAME                    |  |  | Seasonal Berry & White Chocolate Meringue Roulade |  |
| SOYA                      | 2  | Seasonal Berry & White Chocolate<br>Meringue Roulade |   |  |
| LUPIN                     | -88  |  |   |  |
| SULPHUR DIOXIDE           |  |  |   |  |

Although our Seasonal Berry Meringue Roulade is made from Gluten free products we cannot guarantee that it is completely free from Gluten as it is made in a kitchen where other gluten products are produced. So we can only class this as Gluten Friendly.



| Creation Date: 16.05.2024  Dish Description: |  | Freshly Baked Cinnamon Swirl With |                    |  |
|--|--|-----------------------------------|--------------------|--|
| Distr Description.                           |  | Homemade Custard                  |                    |  |
| Created By: Seán Mullins                     |  | Approved By: Caroline Moloney     |                    |  |
| ALLERGENS                                    |  | CONTAINS THIS ALLERGEN            | MAY CONTAIN TRACES |  |
| GLUTEN                                       |  | Cinnamon Swirl                    |                    |  |
| EGGS   |  | Cinnamon Swirl                    |                    |  |
| MILK   |  | Cinnamon Swirl, Homemade Custard  |                    |  |
| CELERY                                       |  |                                   |                    |  |
| FISH   | The same of the sa |                                   |                    |  |
| CRUSTACEANS                                  | TO THE STATE OF TH |                                   |                    |  |
| MOLLUSC                                      | 600  |                                   |                    |  |
| MUSTARD                                      |  |                                   |                    |  |
| NUTS   | der.   |                                   |                    |  |
| PEANUTS                                      | 05   |                                   |                    |  |
| SESAME                                       |  |                                   |                    |  |
| SOYA   |  |                                   |                    |  |
| LUPIN  | -  |                                   |                    |  |
| SULPHUR DIOXIDE                              |  |                                   |                    |  |

| NOTES |
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| Creation Date: 16.05.2024  Dish Description: |  | Lemon Drizzle Slic            | e with Zest Icing   |
|--|--|-------------------------------|---------------------|
| Created By: Seán Mullins                     |  | Approved By: Caroline Moloney |                     |
| ALLERGENS                                    |  | CONTAINS THIS ALLERGEN        | MAY CONTAIN TRACES  |
| GLUTEN                                       | ***  | Lemon Drizzle Slice           |                     |
| EGGS   |  | Lemon Drizzle Slice           |                     |
| MILK   |  | Lemon Drizzle Slice           |                     |
| CELERY                                       |  |                               |                     |
| FISH   | The state of the s |                               |                     |
| CRUSTACEANS                                  | C.   |                               |                     |
| MOLLUSC                                      | 600  |                               |                     |
| MUSTARD                                      |  |                               |                     |
| NUTS   | - News   |                               | Lemon Drizzle Slice |
| PEANUTS                                      | 0  |                               |                     |
| SESAME                                       | 12.5   |                               | Lemon Drizzle Slice |
| SOYA   |  |                               |                     |
| LUPIN  | -  |                               |                     |
| SULPHUR DIOXIDE                              |  |                               |                     |

| NOTES |
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| <b>Creation Date:</b> 16.05.2024 |  |   |                    |
|----------------------------------|--|---|--------------------|
| Dish Description:                |  | Traditional Apple Pie with Homemade Custard |                    |
| Created By: Seán Mullins         |  | Approved By: Caroline Moloney               |                    |
| ALLERGENS                        |  | CONTAINS THIS ALLERGEN                      | MAY CONTAIN TRACES |
| GLUTEN                           |  | Traditional Apple Pie                       |                    |
| EGGS                             | Secret 1   | Traditional Apple Pie                       |                    |
| MILK                             |  | Homemade Custard, Traditional Apple Pie     |                    |
| CELERY                           |  |   |                    |
| FISH                             | 300  |   |                    |
| CRUSTACEANS                      | TO THE STATE OF TH |   |                    |
| MOLLUSC                          |  |   |                    |
| MUSTARD                          |  |   |                    |
| NUTS                             | - New  |   |                    |
| PEANUTS                          | 0/3  |   |                    |
| SESAME                           | 100  |   |                    |
| SOYA                             | 2  |   |                    |
| LUPIN                            | -  |   |                    |
| SULPHUR DIOXIDE                  |  | Traditional Apple Pie                       |                    |

| NOTES |
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| Creation Date: 16.05.2024  Dish Description: |  | Signature Chocolate Brownie   |                    |
|--|--|-------------------------------|--------------------|
| Created By: Seán Mullins                     |  | Approved By: Caroline Moloney |                    |
| ALLERGENS                                    |  | CONTAINS THIS ALLERGEN        | MAY CONTAIN TRACES |
| GLUTEN                                       |  |                               |                    |
| EGGS   | Same?                                    | Chocolate Brownie             |                    |
| MILK   |  | Chocolate Brownie             |                    |
| CELERY                                       |  |                               |                    |
| FISH   | 30                                       |                               |                    |
| CRUSTACEANS                                  | S. S |                               |                    |
| MOLLUSC                                      |  |                               |                    |
| MUSTARD                                      |  |                               |                    |
| NUTS   | N. S.                                    | Chocolate Brownie             |                    |
| PEANUTS                                      | 05                                       |                               |                    |
| SESAME                                       |  |                               | Chocolate Brownie  |
| SOYA   | 2  | Chocolate Brownie             |                    |
| LUPIN  | -  |                               |                    |
| SULPHUR DIOXIDE                              |  |                               |                    |

Although our Signature Chocolate Brownie is made from Gluten free products we cannot guarantee that it is completely free from Gluten as it is made in a kitchen where other gluten products are produced. So we can only class this as Gluten Friendly.



| Creation Date: 16.05.2024  Dish Description: |             | Rocky Road Square             |                    |
|--|-------------|-------------------------------|--------------------|
| Created By: Seán Mullins                     |             | Approved By: Caroline Moloney |                    |
| ALLERGENS                                    |             | CONTAINS THIS ALLERGEN        | MAY CONTAIN TRACES |
| GLUTEN                                       |             | Rocky Road Square             |                    |
| EGGS   | Street, and |                               |                    |
| MILK   |             | Rocky Road Square             |                    |
| CELERY                                       |             |                               |                    |
| FISH   | 3           |                               |                    |
| CRUSTACEANS                                  | S. S. S.    |                               |                    |
| MOLLUSC                                      |             |                               |                    |
| MUSTARD                                      |             |                               |                    |
| NUTS   | - Ken       | Rocky Road Square             |                    |
| PEANUTS                                      | O'S         |                               |                    |
| SESAME                                       |             |                               | Rocky Road Square  |
| SOYA   |             | Rocky Road Square             |                    |
| LUPIN  | -           |                               |                    |
| SULPHUR DIOXIDE                              |             |                               |                    |

| NOTES |
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| Creation Date: 16.05.2024  Dish Description: |  | Homemade Scone of the Day     |                           |
|--|--|-------------------------------|---------------------------|
| Created By: Seán Mullins                     |  | Approved By: Caroline Moloney |                           |
| ALLERGENS                                    |  | CONTAINS THIS ALLERGEN        | MAY CONTAIN TRACES        |
| GLUTEN                                       |  | Homemade Scone of the Day     |                           |
| EGGS   |  | Homemade Scone of the Day     |                           |
| MILK   |  | Homemade Scone of the Day     |                           |
| CELERY                                       |  |                               |                           |
| FISH   | The same of the sa |                               |                           |
| CRUSTACEANS                                  | To be the second   |                               |                           |
| MOLLUSC                                      | <b>6</b>   |                               |                           |
| MUSTARD                                      |  |                               |                           |
| NUTS   | New York   | Homemade Scone of the Day     |                           |
| PEANUTS                                      | 05   |                               |                           |
| SESAME                                       | 300  |                               | Homemade Scone of the Day |
| SOYA   | 250  |                               |                           |
| LUPIN  | -  |                               |                           |
| SULPHUR DIOXIDE                              |  | Homemade Scone of the Day     |                           |

| NOTES |
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| Creation Date: 16.05.2024  Dish Description: |           | Homemade Vegan Scone Served with Almond Butter |                    |
|--|-----------|--|--------------------|
| Created By: Seán Mullins                     |           | Approved By: Caroline Moloney                  |                    |
| ALLERGENS                                    |           | CONTAINS THIS ALLERGEN                         | MAY CONTAIN TRACES |
| GLUTEN                                       |           | Vegan Scone                                    |                    |
| EGGS   |           |  |                    |
| MILK   |           |  |                    |
| CELERY                                       |           |  |                    |
| FISH   | 300       |  |                    |
| CRUSTACEANS                                  | C.        |  |                    |
| MOLLUSC                                      | <b>6</b>  |  |                    |
| MUSTARD                                      |           |  |                    |
| NUTS   | -Ken      | Vegan Scone , Almond Butter                    |                    |
| PEANUTS                                      | O'S       |  |                    |
| SESAME                                       |           |  | Vegan Scone        |
| SOYA   |           |  |                    |
| LUPIN  | -         |  |                    |
| SULPHUR DIOXIDE                              | a comment |  |                    |

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| Creation Date: 16.05.2024  Dish Description: |  | Gluten Free Scone             |                    |
|--|--|-------------------------------|--------------------|
|  |  |                               |                    |
| Created By: Seán Mullins                     |  | Approved By: Caroline Moloney |                    |
| ALLERGENS                                    |  | CONTAINS THIS ALLERGEN        | MAY CONTAIN TRACES |
| GLUTEN                                       | 19.5°  |                               |                    |
| EGGS   |  |                               |                    |
| MILK   |  | Gluten Free Scone             |                    |
| CELERY                                       |  |                               |                    |
| FISH   | The same of the sa |                               |                    |
| CRUSTACEANS                                  | Company of the same of the sam |                               |                    |
| MOLLUSC                                      |  |                               |                    |
| MUSTARD                                      |  |                               |                    |
| NUTS   | New York   |                               |                    |
| PEANUTS                                      | 05   |                               |                    |
| SESAME                                       |  |                               |                    |
| SOYA   | 486  |                               |                    |
| LUPIN  | -  |                               |                    |
| SULPHUR DIOXIDE                              |  |                               |                    |

Although our Gluten free scone is made from Gluten free products we cannot guarantee that it is completely free from Gluten as it is made in a kitchen where other gluten products are produced. So we can only class this as Gluten Friendly.



| Creation Date: 16.05.2024 Dish Description: |  | Muffin of the Day             |                    |
|---|--|-------------------------------|--------------------|
|   |  |                               |                    |
| Created By: Seán Mullins                    |  | Approved By: Caroline Moloney |                    |
| ALLERGENS                                   |  | CONTAINS THIS ALLERGEN        | MAY CONTAIN TRACES |
| GLUTEN                                      |  | Muffin of the Day             |                    |
| EGGS  | Jan 1  | Muffin of the Day             |                    |
| MILK  |  | Muffin of the Day             |                    |
| CELERY                                      |  |                               |                    |
| FISH  | The state of the s |                               |                    |
| CRUSTACEANS                                 | A STATE OF THE PARTY OF THE PAR |                               |                    |
| MOLLUSC                                     | 600  |                               |                    |
| MUSTARD                                     |  |                               |                    |
| NUTS  | - Ken  | Muffin of the Day             |                    |
| PEANUTS                                     | 05   |                               |                    |
| SESAME                                      |  | Muffin of the Day             |                    |
| SOYA  |  | Muffin of the Day             |                    |
| LUPIN                                       | -  |                               |                    |
| SULPHUR DIOXIDE                             |  |                               |                    |

| NOTES |
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| Creation Date: 16.05.2024  Dish Description: |  | Oatmeal, Hazelnut                 | & Raisin Cookie                      |
|--|--|-----------------------------------|--------------------------------------|
| Created By: Seán Mullins                     |  | Approved By: Caroline Moloney     |                                      |
| ALLERGENS                                    |  | CONTAINS THIS ALLERGEN            | MAY CONTAIN TRACES                   |
| GLUTEN                                       |  | Oatmeal, Hazelnut & Raisin Cookie |                                      |
| EGGS   | Sec.                                     | Oatmeal, Hazelnut & Raisin Cookie |                                      |
| MILK   |  | Oatmeal, Hazelnut & Raisin Cookie |                                      |
| CELERY                                       |  |                                   |                                      |
| FISH   | The same of                              |                                   |                                      |
| CRUSTACEANS                                  | S. S |                                   |                                      |
| MOLLUSC                                      | 600                                      |                                   |                                      |
| MUSTARD                                      |  |                                   |                                      |
| NUTS   | - No.                                    | Oatmeal, Hazelnut & Raisin Cookie |                                      |
| PEANUTS                                      | 05                                       |                                   |                                      |
| SESAME                                       |  |                                   | Oatmeal, Hazelnut & Raisin<br>Cookie |
| SOYA   | 250                                      |                                   |                                      |
| LUPIN  | -  |                                   |                                      |
| SULPHUR DIOXIDE                              |  |                                   |                                      |

| NOTES |
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| Creation Date: 16.05.2024  Dish Description: |             | Nutella Cookie                |                    |
|--|-------------|-------------------------------|--------------------|
| Created By: Seán Mullins                     |             | Approved By: Caroline Moloney |                    |
| ALLERGENS                                    |             | CONTAINS THIS ALLERGEN        | MAY CONTAIN TRACES |
| GLUTEN                                       |             | Nutella Cookie                |                    |
| EGGS   | Anna de     | Nutella Cookie                |                    |
| MILK   |             | Nutella Cookie                |                    |
| CELERY                                       |             |                               |                    |
| FISH   | The same of |                               |                    |
| CRUSTACEANS                                  | C.          |                               |                    |
| MOLLUSC                                      | 600         |                               |                    |
| MUSTARD                                      |             |                               |                    |
| NUTS   | -Ken        | Nutella Cookie                |                    |
| PEANUTS                                      | 05          |                               |                    |
| SESAME                                       | 350         |                               | Nutella Cookie     |
| SOYA   | 2           | Nutella Cookie                |                    |
| LUPIN  | -           |                               |                    |
| SULPHUR DIOXIDE                              |             |                               |                    |

| NOTES |
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| Creation Date: 16.05.2024  Dish Description: |  | Kiddies Smartie Cookie        |                        |
|--|--|-------------------------------|------------------------|
| Created By: Seán Mullins                     |  | Approved By: Caroline Moloney |                        |
| ALLERGENS                                    |  | CONTAINS THIS ALLERGEN        | MAY CONTAIN TRACES     |
| GLUTEN                                       |  | Kiddies Smartie Cookie        |                        |
| EGGS   |  | Kiddies Smartie Cookie        |                        |
| MILK   |  | Kiddies Smartie Cookie        |                        |
| CELERY                                       |  |                               |                        |
| FISH   | TA   |                               |                        |
| CRUSTACEANS                                  | TO STATE OF THE PARTY OF THE PA |                               |                        |
| MOLLUSC                                      |  |                               |                        |
| MUSTARD                                      |  |                               |                        |
| NUTS   | - Ken  |                               | Kiddies Smartie Cookie |
| PEANUTS                                      | 0  |                               | Kiddies Smartie Cookie |
| SESAME                                       |  |                               | Kiddies Smartie Cookie |
| SOYA   |  | Kiddies Smartie Cookie        |                        |
| LUPIN  | -80  |                               |                        |
| SULPHUR DIOXIDE                              |  |                               |                        |

| NOTES |  |
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| Creation Date: 16.05.2024  Dish Description: |  | Homemade Sausage Roll         |                       |
|--|--|-------------------------------|-----------------------|
| Created By: Seán Mullins                     |  |                               |                       |
| -  |  | Approved By: Caroline Moloney |                       |
| ALLERGENS                                    |  | CONTAINS THIS ALLERGEN        | MAY CONTAIN TRACES    |
| GLUTEN                                       |  | Homemade Sausage Roll         |                       |
| EGGS   |  | Homemade Sausage Roll         |                       |
| MILK   |  | Homemade Sausage Roll         |                       |
| CELERY                                       |  | Homemade Sausage Roll         |                       |
| FISH   | The state of the s |                               |                       |
| CRUSTACEANS                                  | Company of the same of the sam |                               |                       |
| MOLLUSC                                      | <b>6</b>   |                               |                       |
| MUSTARD                                      |  |                               |                       |
| NUTS   | -Ken   |                               | Homemade Sausage Roll |
| PEANUTS                                      | 05   |                               |                       |
| SESAME                                       |  | Homemade Sausage Roll         |                       |
| SOYA   |  | Homemade Sausage Roll         |                       |
| LUPIN  | -  |                               |                       |
| SULPHUR DIOXIDE                              |  | Homemade Sausage Roll         |                       |

| NOTES |
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| Creation Date: 16.05.2024  Dish Description: |  | Powerball                     |                    |
|--|--|-------------------------------|--------------------|
| Created By: Seán Mullins                     |  | Approved By: Caroline Moloney |                    |
| ALLERGENS                                    |  | CONTAINS THIS ALLERGEN        | MAY CONTAIN TRACES |
| GLUTEN                                       |  |                               | Powerball          |
| EGGS   |  | Powerball                     |                    |
| MILK   |  | Powerball                     |                    |
| CELERY                                       |  |                               |                    |
| FISH   | 300  |                               |                    |
| CRUSTACEANS                                  | To the same of the |                               |                    |
| MOLLUSC                                      | <b>3</b>   |                               |                    |
| MUSTARD                                      |  |                               |                    |
| NUTS   | - Ken  | Powerball                     |                    |
| PEANUTS                                      | 05   |                               |                    |
| SESAME                                       |  |                               | Powerball          |
| SOYA   |  |                               |                    |
| LUPIN  | -  |                               |                    |
| SULPHUR DIOXIDE                              |  |                               |                    |

| NOTES |
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| Creation Date: 16.05.2024  Dish Description: |  | FlapJack Bars                 |                    |
|--|--|-------------------------------|--------------------|
|  |  |                               |                    |
| Created By: Seán Mullins                     |  | Approved By: Caroline Moloney |                    |
| ALLERGENS                                    |  | CONTAINS THIS ALLERGEN        | MAY CONTAIN TRACES |
| GLUTEN                                       |  |                               | FlapJack Bars      |
| EGGS   |  |                               |                    |
| MILK   |  | FlapJack Bars                 |                    |
| CELERY                                       |  |                               |                    |
| FISH   | The state of the s |                               |                    |
| CRUSTACEANS                                  | W.   |                               |                    |
| MOLLUSC                                      |  |                               |                    |
| MUSTARD                                      |  |                               |                    |
| NUTS   | New Year   |                               | FlapJack Bars      |
| PEANUTS                                      | 05   |                               | FlapJack Bars      |
| SESAME                                       |  |                               |                    |
| SOYA   | 2  |                               |                    |
| LUPIN  |  |                               |                    |
| SULPHUR DIOXIDE                              |  |                               |                    |

| NOTES |
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| Creation Date: 16.05.2024  Dish Description: |  | Sticky Toffee Pudding (W)     |                          |
|--|--|-------------------------------|--------------------------|
| Created By: Seán Mullins                     |  | Approved By: Caroline Moloney |                          |
| ALLERGENS                                    |  | CONTAINS THIS ALLERGEN        | MAY CONTAIN TRACES       |
| GLUTEN                                       |  | Sticky Toffee Pudding         |                          |
| EGGS   |  | Sticky Toffee Pudding         | Salted Caramel Ice Cream |
| MILK   |  | Sticky Toffee Pudding         | Salted Caramel Ice Cream |
| CELERY                                       |  |                               |                          |
| FISH   | The state of the s |                               |                          |
| CRUSTACEANS                                  | TO STATE OF THE PARTY OF THE PA |                               |                          |
| MOLLUSC                                      | 600  |                               |                          |
| MUSTARD                                      |  |                               |                          |
| NUTS   | of the second  |                               |                          |
| PEANUTS                                      | 05   |                               |                          |
| SESAME                                       |  |                               |                          |
| SOYA   |  |                               |                          |
| LUPIN  | -  |                               |                          |
| SULPHUR DIOXIDE                              |  |                               |                          |

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| Creation Date: 16.05.2024 Dish Description: |  | Traditional Apple Pie (W)      |                    |
|---|--|--------------------------------|--------------------|
| Created By: Seán Mullins                    |  | Approved By: Caroline Moloney  |                    |
| ALLERGENS                                   |  | CONTAINS THIS ALLERGEN         | MAY CONTAIN TRACES |
| GLUTEN                                      |  | Traditional Apple Pie, Crumble |                    |
| EGGS  |  | Traditional Apple Pie, Crumble |                    |
| MILK  |  | Traditional Apple Pie, Crumble | Custard            |
| CELERY                                      |  |                                |                    |
| FISH  | The state of the s |                                |                    |
| CRUSTACEANS                                 |  |                                |                    |
| MOLLUSC                                     | <b>6</b> 00  |                                |                    |
| MUSTARD                                     |  |                                |                    |
| NUTS  | of the same of the |                                |                    |
| PEANUTS                                     | 05   |                                |                    |
| SESAME                                      |  |                                |                    |
| SOYA  |  |                                |                    |
| LUPIN                                       | 4  |                                |                    |
| SULPHUR DIOXIDE                             |  |                                |                    |

| NOTES |
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| Creation Date: 16.05.2024  Dish Description: |        | Chocolate Brownie (W)         |                    |
|--|--------|-------------------------------|--------------------|
| Disil Description.                           |        | Chocolate Brownie (W)         |                    |
| Created By: Seán Mullins                     |        | Approved By: Caroline Moloney |                    |
| ALLERGENS                                    |        | CONTAINS THIS ALLERGEN        | MAY CONTAIN TRACES |
| GLUTEN                                       | ***    |                               |                    |
| EGGS   |        | Brownie                       |                    |
| MILK   |        | Brownie                       | Vanilla Ice-Cream  |
| CELERY                                       |        |                               |                    |
| FISH   | 35     |                               |                    |
| CRUSTACEANS                                  | TO THE |                               |                    |
| MOLLUSC                                      |        |                               |                    |
| MUSTARD                                      |        |                               |                    |
| NUTS   | -Ken   | Brownie                       |                    |
| PEANUTS                                      | O'S    |                               |                    |
| SESAME                                       |        |                               |                    |
| SOYA   |        | Brownie                       |                    |
| LUPIN  | -      |                               |                    |
| SULPHUR DIOXIDE                              |        |                               |                    |

| NOTES |
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