### H&L Homemade Bakery

Spiced Carrot & Walnut Cake With Cream Cheese Frosting	€6.50
Red Velvet Cake	€6.50
Coffee Cake	€6.50
Freshly Baked Cinnamon Swirl With Homemade Custard	€5.50
Lemon Drizzle Slice With Zest Icing	€4.95
Traditional Apple Pie with Homemade Custard	€6.50
Signature Chocolate Brownie	€5.95
Homemade Scone Of The Day	€3.20
Homemade Vegan Scone, Served With Almond Butter	€3.75
Gluten Free Scone	€3.75
Muffin Of The Day	€3.50
Oatmeal, Hazelnut & Raisin Cookie	€3.50
Nutella Cookie	€3.50
Kiddies Smarties Cookie	€3.50

All our freshly baked cakes are available to order, we also offer a wide range of personalised cakes for your next special occasion!

To order please speak with one of our Café Associates or call 061 413-778

### **Hot Beverages**

Americano	€3.50
Cappuccino	€3.70
Single Espresso	€2.75
Double Espresso	€3.50
Latte	€3.70
Flat White	€3.70
Chai Latte (make it dirty + €0.85)	€3.75
Macchiato	€3.70
Mocha	€3.75
Hot Chocolate	€3.95
- Add cream	€0.15
- Add marshmallows	€0.30
Flavour +	€0.85
Extra Shot +	€0.85
Non Dairy +	€0.65
Irish Tea	€2.85
Earl Grey	€3.50
Green Sencha	€3.50
Peppermint	€3.50
Ginger & Lemongrass	€3.50
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### Milkshakes & Iced Coffee

Milkshakes: Kinder Bueno, Oreo, Lotus Biscoff, Cookie & Coffee Iced Coffee

from €3.50

#### Soft Drinks

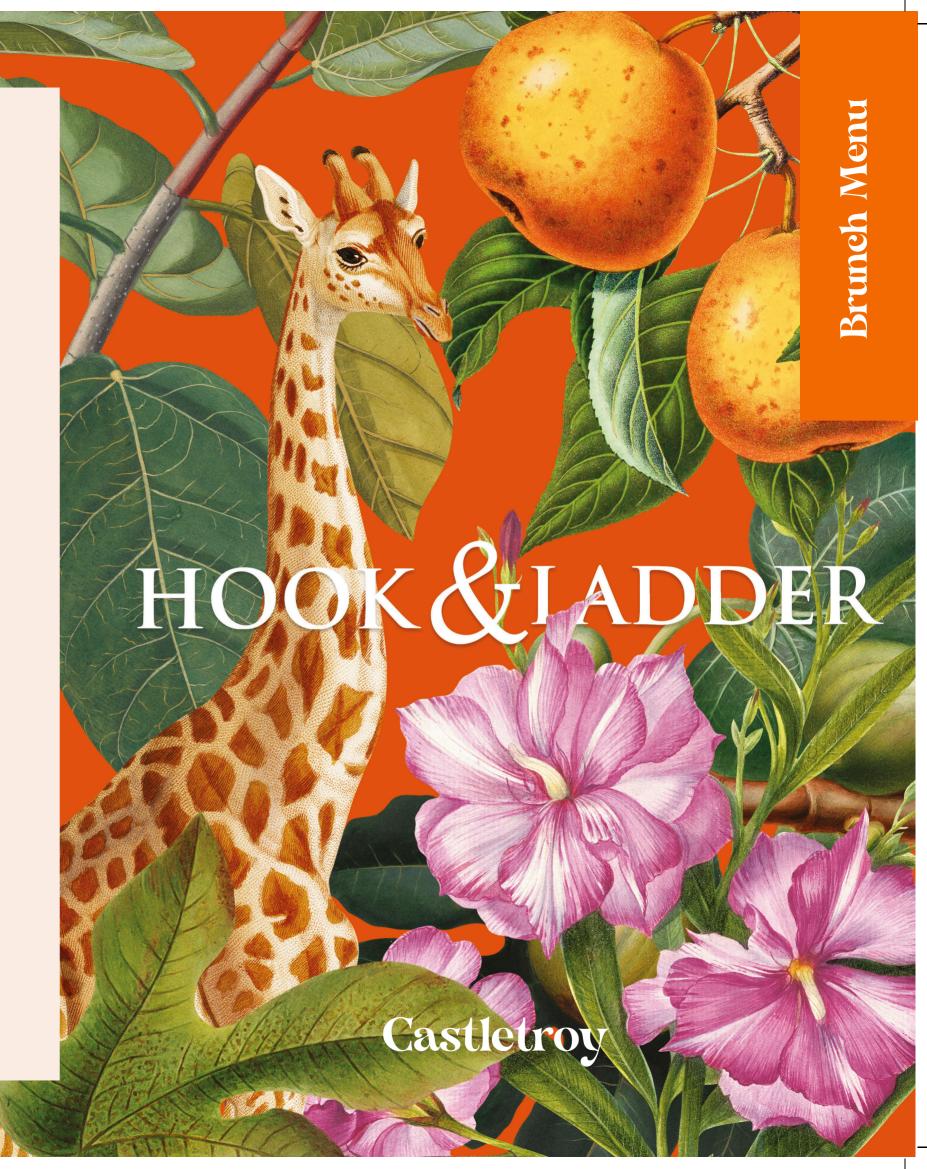
Ishka Irish Spring Water - Still / Spark Coke / Coke Zero / Fanta Orange / San Pell Lemon	€2.60 €2.85
Attyflin Estate Apple Juice	€3.50
Cloudy Lemonade Jug	€2.95
Unlimited Filtered Water	€2.00

### Fresh Pressed Juice

Orange Juice	€3.50
Tropical Tango Smoothie:	€5.95
- Peach, pineapple, orange juice, banana, mango & yoghurt	
Seasonal Detox Vegetable Juice:	€5.95
- Orange, carrot & ginger juice	

### Kids Juices

Innocent Apple Juice Innocent Orange & Mango €2.75 €2.75



### **Breakfast Classics**

Farm reared sausages, Irish bacon, black & white pudding, baked beans, grilled mushrooms, hash brown, fried egg &

**Mini Farmers Fair** €11.50

Farm reared sausage, Irish bacon, black & white pudding, confit tomato, fried egg & toast

The Ampersand (V) served until 12:30pm €13.50

Beet hummus, mashed avocado, poached eggs on a toasted brioche bun, coated with hollandaise sauce & chilli

- Add streaky bacon + €4.50

€16.95 **Chicken & Waffle Stack** 

Crispy fried buttermilk chicken breast on a Belgian waffle, topped with a fried egg, served with Canadian maple syrup

- Add streaky bacon + €4.50 / Upgrade to dirty fries + €3.95

Piggy In The Middle

€11.50

Farm reared sausages, fried egg, Irish bacon & black pudding on a toasted Waterford blaa with zesty house

The Plant Plate (Ve) served until 12:30pm €12.50

Toasted sourdough, scrambled turmeric tofu, smashed avocado, sauteed mushrooms, baked beans & cherry tomatoes

Triple Egg Omelette (V)

€12.95

served until 12:30pm

Cherry tomato, chestnut mushrooms & feta cheese, served with toasted sourdough

- Goat's cheese instead of feta cheese (+ €1.50)

Eggs Benedict served until 12:30pm

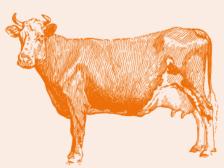
€13.50

Toasted brioche bun, Irish bacon, poached eggs, homemade hollandaise sauce & basil pesto

€12.95 Breakfast Burrito served until 12:30pm

Free range scrambled eggs, Irish bacon, farm reared sausage & salsa roja, served with tomato relish

- Add hash brown portion + €3.50
- Add black pudding + €3.95



Proudly supporting local suppliers

### Pancakes & more

€13.50 **Buttermilk Blueberry Pancakes (V)** 

American style buttermilk blueberry pancakes & Canadian maple syrup

- Add streaky bacon + €4.50
- Add salted caramel ice-cream + €2.50
- Add fresh berries 50g + €1.95

**Belgian Waffles (V)** 

€13.50

Fluffy Belgian waffles with freshly whipped cream & Canadian

- Add streaky bacon + €4.50
- Add berry compote + €2.50
- · Add salted caramel ice-cream + €2.50

French Toast (V)

€13.50

Arbutus bakery brioche, with mascarpone cream, fresh strawberries & Canadian maple syrup

- Add streaky bacon + €4.50
- Add salted caramel ice-cream + €2.50

## Healthy Breakfast

Nutty granola, golden raisins & cranberries with natural yoghurt, topped with banana, blueberries & seasonal berry

Irish rolled oats, served with banana, strawberries & organic honey, made with milk or on request, coconut or oat milk (+ €0.65)

Add roasted mixed seeds + €0.50

Sourdough toast layered with fresh guacamole, topped with poached eggs and roasted mixed seeds



Please be patient with us through busy periods and allow 15-20 minutes as each dish is prepared and cooked fresh to order. Variances on dishes will also increase wait time.

Should you have any special dietary requirements, the allergen book is located at the barista counter or please ask one of our friendly staff for assistance.

We are unable to split bills on tables over 6

Tips, gratuities & service charges are distributed to staff on a basis agreed with our staff.

A discretionary service charge of 10% will be added to the bill for parties of 8 or more.

### Add-ons

Farm Reared Sausages €4.50 | Irish Bacon €4.50 | Streaky Bacon €4.50 | Fried Egg (V) €1.60 | Hash Browns (V) €3.50 Black Pudding €3.95 | White Pudding €3.95 | Maple Syrup 50g (V) €2.00 | Avocado (V) €2.50 | Mushrooms (V) €2.95 | Nutella 50q (V) €1.95 | Fresh Berries 50q (V) €1.95

### Favourites

Atlantic Scampi

Buttermil scampi, tartar sauce, mushy peas & crispy fries

- Upgrade to dirty fries + €3.95

Crispy fried buttermilk chicken breast on a brioche bun. with melted mozzarella, house slaw, sriracha aioli & fries

- Add Irish bacon + €4.50
- Upgrade to dirty fries + €3.95

Vegan Burger (Ve)

€16.95

Broad bean & courgette burger on a Waterford blaa, with vegan mature cheddar, romaine lettuce, beef tomato, red onion, chilli mayo & sweet potato fries

€11.95 **Asian Stirfry** 

Sesame stir-fried vegetables tossed with egg noodles & ovster sauce

- Add Irish chicken breast + €5.50
- Add tofu + €4.50

Fireman's Chicken Curry

€16.50

Medium spiced chicken curry with cauliflower florets, sweet potato, red onion, green beans & broccoli, served with boiled rice & garlic naan bread

- Add crispy fries + €4.00

### Salads & Soup

**Crumbled Goat's Cheese (V)** 

€14.95 Warm crumbled goat's cheese, roasted walnuts, pickled beetroot, mixed greens, dried cranberries, house dressing & balsamic glaze, served with honey & pumpkin seed wheaten loaf

**Signature Chicken Caesar Salad** €14.95

Grilled piri piri chicken breast, warm smoked bacon lardons, romaine lettuce, sourdough croutons, topped with a creamy Caesar dressing & grated parmesan, served with honey & pumpkin seed wheaten loaf

€14.95 Superfood Salad (V)

Piri piri roasted sweet potato, quinoa, blueberries, garden peas, avocado, sliced red onion, mixed greens, house dressing & balsamic reduction, served with honey & pumpkin seed wheaten loaf

Todav's Soup

€6.95

Homemade soup of the day, served with honey & pumpkin seed wheaten loaf



Store Locations: Castletroy, Limerick / 7 Sarsfield Street, Limerick / Corbally, Limerick / Dooradoyle, Limerick / Tramore Rd, Waterford Weston Airport, Leixlip, Dublin

### Sandwiches

All sandwiches below are served with a garnish and your choice of crispy fries or a cup of soup

**H&L Club Sandwich** 

€14.95

Crispy bacon, romaine lettuce, beef tomato, zesty house relish, tender roast Irish chicken breast & fried egg on batch

Chicken Caesar Wrap

Warm chicken Caesar wrap filled with roast chicken, smoked bacon lardons, parmesan, romaine lettuce & Caesar dressing

Station Toastie

Slow baked pulled ham, signature cheese blend, beef tomato & red onion on batch loaf

€14.95 Hot Flame Chicken

Piri piri Irish chicken breast on toasted sourdough with smashed avocado, peppered rocket & sriracha mayo

Slow & Low BBQ Pork €15.95

BBQ pulled pork, tobacco onions, melted red cheddar, romaine lettuce & sriracha mayo on a toasted blaa

Italian Caprese Bruschetta (V) €13.95

Toasted garlic sourdough bruschetta, basil pesto, semi sun-dried & cherry tomatoes, topped with buffalo mozzarella & balsamic glaze

- Goat's cheese instead of mozzarella (+ €1.50)

Upgrade to dirty fries + €3.95

### Sides

€4.00 Crispy Fries €2.50 Green Leaf Salad (V) €4.50 **Sweet Potato Fries** €4.50 Onion Rings

# Dirty Fries

**BBQ Pulled Pork** 

€8.50

€7.95

Slow cooked BBQ pork & sriracha mayo

Bacon Lardons

American cheese, jalapenos & bacon lardons

**Salsa Fries** 

Guacamole, tomato salsa, American cheese & jalapenos



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#### **HOOK & LADDER SERVICE STANDARDS**

We hope your visit to Hook & Ladder has been an enjoyable one. If for any reason you feel it didn't live up to expectations and nothing we did instore made it better, then we would ask you to contact us via wecare@hookandladder.ie. We will do all we can to put it right.