

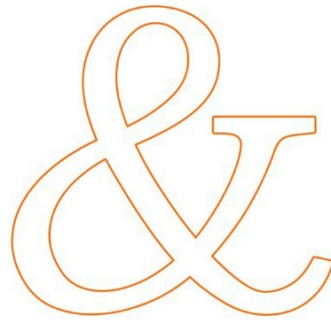


HOOK & LADDER

ALLERGEN MENU

2024





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\*Café associate, please always check with chefs to see if any alterations were made to main course dishes- e.g. cream added to the curry



# H&L Breakfast MENU

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## ALLERGENS

HOOK & LADDER | 7 SANSFIELD STREET, LIMERICK / CORBALLY, LIMERICK / CASTLETROY, LIMERICK /  
DOORADOYLE, LIMERICK / TRAMORE RD, WATERFORD / WESTON AIRPORT, DUBLIN







Creation Date: 16.05.2024

Dish Description:

## Farmers Fair

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Sausage, Black & White Pudding, Rosemary Potatoes, Toast	
EGGS		Fried Eggs	
MILK		Rosemary Potatoes, Mushrooms, Confit Tomato,	
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS			Toast (Vienna)
PEANUTS			
SESAME			Toast (Vienna)
SOYA			
LUPIN			
SULPHUR DIOXIDE		Sausages, Irish Bacon, Black & White Pudding	

### NOTES



Creation Date: 16.05.2024

Dish Description:

## Mini Farmers Fair

Created By: Seán Mullins

Approved By: Caroline Moloney

### ALLERGENS

### CONTAINS THIS ALLERGEN

### MAY CONTAIN TRACES

#### GLUTEN



Sausage, Black & White Pudding,  
Rosemary Potatoes, Toast

#### EGGS



Eggs

#### MILK



Confit Tomato

#### CELERY



#### FISH



#### CRUSTACEANS



#### MOLLUSC



#### MUSTARD



#### NUTS



Toast (Vienna)

#### PEANUTS



#### SESAME



Toast (Vienna)

#### SOYA



#### LUPIN



#### SULPHUR DIOXIDE



Sausages, Irish Bacon, Black & White  
Pudding

### NOTES



Creation Date: 16.05.2024

Dish Description:

## The Ampersand

Created By: Seán Mullins

Approved By: Caroline Moloney

### ALLERGENS

### CONTAINS THIS ALLERGEN

### MAY CONTAIN TRACES

**GLUTEN**



Brioche Bun

**EGGS**



Poached Eggs, Brioche Bun

**MILK**



Hollandaise Sauce, Brioche Bun

**CELERY**



**FISH**



**CRUSTACEANS**



**MOLLUSC**



**MUSTARD**



**NUTS**



**PEANUTS**



**SESAME**



Beet Hummus

**SOYA**



**LUPIN**



**SULPHUR DIOXIDE**



### NOTES



Creation Date: 16.05.2024

Dish Description:

## Chicken & Waffle Stack

Created By: Seán Mullins

Approved By: Caroline Moloney

### ALLERGENS

### CONTAINS THIS ALLERGEN

### MAY CONTAIN TRACES

**GLUTEN**



Buttermilk Chicken Breast, Belgian Waffle, Fries

**EGGS**



Fried Egg, Belgian Waffle

**MILK**



Buttermilk Chicken Breast

**CELERY**



**FISH**



**CRUSTACEANS**



Buttermilk Chicken Breast, Fries

**MOLLUSC**



**MUSTARD**



**NUTS**



**PEANUTS**



**SESAME**



**SOYA**



Belgian Waffle

**LUPIN**



**SULPHUR DIOXIDE**



Buttermilk Chicken Breast

### NOTES







Creation Date: 16.05.2024

Dish Description:

## Piggy In the Middle

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Blaa, Sausages, Black Pudding	
EGGS		Fried Egg	Blaa
MILK			Blaa
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD		Relish	
NUTS			
PEANUTS			
SESAME			Blaa
SOYA			Blaa
LUPIN			
SULPHUR DIOXIDE		Irish Bacon, Sausages, Black Pudding	

### NOTES



Creation Date: 16.05.2024

Dish Description:

## Triple Egg Omelette

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Sourdough Toast	
EGGS		3 Eggs	
MILK		Goats Cheese, Feta Cheese, Sauteed Mushrooms,	
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS			
PEANUTS			
SESAME			
SOYA			
LUPIN			
SULPHUR DIOXIDE			

### NOTES













Creation Date: 16.05.2024

Dish Description:

## Eggs Benedict (no Pesto)

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Toasted Brioche Bun,	
EGGS		Toasted Brioche Bun, Hollandaise sauce, Poached Eggs	
MILK		Toasted Brioche Bun, Hollandaise Sauce	
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS			
PEANUTS			
SESAME			
SOYA			
LUPIN			
SULPHUR DIOXIDE		Irish Bacon	

### NOTES

















Creation Date: 16.05.2024

Dish Description:

## Pesto Eggs Benedict

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Toasted Brioche Bun,	
EGGS		Toasted Brioche Bun, Hollandaise sauce, Poached eggs	
MILK		Toasted Brioche Bun, Hollandaise sauce, Basil pesto	
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS		Basil Pesto	
PEANUTS			
SESAME			
SOYA			
LUPIN			
SULPHUR DIOXIDE		Irish Bacon	

### NOTES



Creation Date: 16.05.2024

Dish Description:

## The Plant Plate

Created By: Seán Mullins

Approved By: Caroline Moloney

### ALLERGENS

### CONTAINS THIS ALLERGEN

### MAY CONTAIN TRACES

**GLUTEN**



Toasted Sourdough

**EGGS**



**MILK**



**CELERY**



Tofu Scrambled

**FISH**



**CRUSTACEANS**



**MOLLUSC**



**MUSTARD**



Tofu Scrambled

**NUTS**



**PEANUTS**



**SESAME**



Tofu Scrambled

**SOYA**



Tofu Scrambled

**LUPIN**



**SULPHUR DIOXIDE**



### NOTES











Creation Date: 16.05.2024

Dish Description:

## Breakfast Burrito

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Wrap, Sausage, Black Pudding	
EGGS		Scrambled Eggs	
MILK			
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD		Tomato Relish	
NUTS			
PEANUTS			
SESAME			
SOYA			
LUPIN			
SULPHUR DIOXIDE		Irish Bacon, Sausage, Black Pudding	

### NOTES




Creation Date: 16.05.2024

Dish Description:

## Chorizo & Potato Hash

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Black Pudding	
EGGS		Hollandaise Sauce, Fried Eggs	
MILK		Turmeric Potatoes, Diced Chorizo, Hollandaise Sauce	
CELERY			Turmeric Potatoes
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			Turmeric Potatoes
NUTS			
PEANUTS			
SESAME			Turmeric Potatoes
SOYA			
LUPIN			
SULPHUR DIOXIDE		Black Pudding	

### NOTES




Creation Date: 16.05.2024

Dish Description:

## Buttermilk Blueberry pancakes

Created By: Seán Mullins

Approved By: Caroline Moloney

### ALLERGENS

### CONTAINS THIS ALLERGEN

### MAY CONTAIN TRACES

**GLUTEN**



Buttermilk Pancakes

**EGGS**



Buttermilk Pancakes, (Add Salted Caramel Ice-cream)

**MILK**



Buttermilk Pancakes, (Add Salted Caramel Ice-cream)

**CELERY**



**FISH**



**CRUSTACEANS**



**MOLLUSC**



**MUSTARD**



**NUTS**



**PEANUTS**



**SESAME**



**SOYA**



**LUPIN**



**SULPHUR DIOXIDE**



(Add Streaky Bacon)

### NOTES



Creation Date: 16.05.2024

Dish Description:

**Buttermilk Pancakes with Maple or Nutella**















Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Buttermilk Pancakes	
EGGS		Buttermilk Pancakes, (Add Salted Caramel Ice-cream)	
MILK		Buttermilk Pancakes, Nutella, (Add Salted Caramel Ice-cream)	
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS		Nutella	
PEANUTS			
SESAME			
SOYA		Nutella	
LUPIN			
SULPHUR DIOXIDE		(Add Streaky Bacon)	

**NOTES**




Creation Date: 16.05.2024		<b>Buttermilk Pancakes with Caramel Sauce &amp; Caramelised Banana</b>	
Dish Description:			
Created By: Seán Mullins		Approved By: Caroline Moloney	
<b>ALLERGENS</b>	<b>CONTAINS THIS ALLERGEN</b>	<b>MAY CONTAIN TRACES</b>	
<b>GLUTEN</b>	 Buttermilk Pancakes		
<b>EGGS</b>	 Buttermilk Pancakes, (Add Salted Caramel Ice-cream)		
<b>MILK</b>	 Buttermilk Pancakes Caramel Sauce, (Add Salted Caramel Ice-cream)		
<b>CELERY</b>			
<b>FISH</b>			
<b>CRUSTACEANS</b>			
<b>MOLLUSC</b>			
<b>MUSTARD</b>			
<b>NUTS</b>			
<b>PEANUTS</b>			
<b>SESAME</b>			
<b>SOYA</b>			
<b>LUPIN</b>			
<b>SULPHUR DIOXIDE</b>	 (Add Streaky Bacon)		

**NOTES**




Creation Date: 16.05.2024

Dish Description:

## Belgian Waffles

Created By: Seán Mullins

Approved By: Caroline Moloney

### ALLERGENS

### CONTAINS THIS ALLERGEN

### MAY CONTAIN TRACES

**GLUTEN**



Belgian Waffles

**EGGS**



Belgian Waffles, (Add Salted Caramel Ice-cream)

**MILK**



Whipped Cream, (Add Salted Caramel Ice-cream)

**CELERY**



**FISH**



**CRUSTACEANS**



**MOLLUSC**



**MUSTARD**



**NUTS**



**PEANUTS**



**SESAME**



**SOYA**



Belgian Waffles

**LUPIN**



**SULPHUR DIOXIDE**



(Add Streaky Bacon)

### NOTES



Creation Date: 16.05.2024

Dish Description:

## French Toast

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Brioche Bread	
EGGS		Brioche Bread, (Add Salted Caramel Ice-cream)	
MILK		Brioche Bread, Mascarpone Cream, (Add Salted Caramel Ice-cream)	
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS			Brioche Bread
PEANUTS			
SESAME			Brioche Bread
SOYA			Brioche Bread
LUPIN			
SULPHUR DIOXIDE		(Add Streaky Bacon)	Brioche Bread

### NOTES




Creation Date: 16.05.2024

Dish Description:

## Homemade Granola

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Nutty Granola	
EGGS			
MILK		Natural Yoghurt	
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS		Nutty Granola	
PEANUTS			Nutty Granola
SESAME			Nutty Granola
SOYA			
LUPIN			
SULPHUR DIOXIDE			

### NOTES



Creation Date: 16.05.2024

Dish Description:

## Beekeeper's Porridge

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Irish Rolled Oats, Oat Milk	
EGGS			
MILK		Milk	
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS			(Add Roasted Mixed Seeds)
PEANUTS			
SESAME		(Add Roasted Mixed Seeds)	
SOYA			
LUPIN			
SULPHUR DIOXIDE			

### NOTES




Creation Date: 16.05.2024

Dish Description:

## Wholley Guacamole

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Sourdough Toast	
EGGS		Poached Eggs	
MILK			
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS			Mixed Seeds
PEANUTS			
SESAME		Mixed Seeds	
SOYA			
LUPIN			
SULPHUR DIOXIDE			

### NOTES



Creation Date: 16.05.2024

Dish Description:

## Scrambled Eggs & Toast

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Vienna Toast	
EGGS		Scrambled Eggs	
MILK		Scrambled Eggs	
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS			Vienna Toast
PEANUTS			
SESAME			Vienna Toast
SOYA			
LUPIN			
SULPHUR DIOXIDE			

### NOTES



Creation Date: 16.05.2024

Dish Description:

## Fried Eggs & Toast

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Vienna Toast	
EGGS		Fried Eggs	
MILK		Fried Eggs	
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS			Vienna Toast
PEANUTS			
SESAME			Vienna Toast
SOYA			
LUPIN			
SULPHUR DIOXIDE			

### NOTES



Creation Date: 16.05.2024

Dish Description:

## Poached Eggs & Toast

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Vienna Toast	
EGGS		Poached Eggs	
MILK			
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS			Vienna Toast
PEANUTS			
SESAME			Vienna Toast
SOYA			
LUPIN			
SULPHUR DIOXIDE			

### NOTES



Creation Date: 16.05.2024

Dish Description:

## Add-ons

Created By: Seán Mullins

Approved By: Caroline Moloney

### ALLERGENS

### CONTAINS THIS ALLERGEN

### MAY CONTAIN TRACES

**GLUTEN**



Farm Reared Sausages, Hash Browns, Black Pudding, White Pudding, Rosemary Potatoes

**EGGS**



Fried Egg

**MILK**



Mushrooms

**CELERY**



**FISH**



**CRUSTACEANS**



**MOLLUSC**



**MUSTARD**



**NUTS**



**PEANUTS**



**SESAME**



**SOYA**



**LUPIN**



**SULPHUR DIOXIDE**



Irish Bacon, Streaky Bacon Black Pudding, White Pudding Farm Reared Sausages

### NOTES



# H&L Brunch MENU

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## ALLERGENS

HOOK & LADDER | 7 SANSFIELD STREET, LIMERICK / CORBALLY, LIMERICK / CASTLETROY, LIMERICK /  
DOORADOYLE, LIMERICK / TRAMORE RD, WATERFORD / WESTON AIRPORT, DUBLIN
















Creation Date: 16.05.2024

Dish Description:

## Mini Munch

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Sausage, Black & White Pudding, Rosemary Potatoes, Toast	
EGGS		Eggs	
MILK			
CELERY			
FISH			
CRUSTACEANS		Rosemary Potatoes	
MOLLUSC			
MUSTARD			
NUTS			Toast (Vienna)
PEANUTS			
SESAME			Toast (Vienna)
SOYA			
LUPIN			
SULPHUR DIOXIDE		Sausages, Irish Bacon, Black & White Pudding	

### NOTES



Creation Date: 16.05.2024

Dish Description:

## Weekend Brunch

Created By: Seán Mullins

Approved By: Caroline Moloney

### ALLERGENS

### CONTAINS THIS ALLERGEN

### MAY CONTAIN TRACES

#### GLUTEN



Sausage, Black & White Pudding,  
Rosemary Potatoes, Toast

#### EGGS



Fried Eggs

#### MILK



Rosemary Potatoes, Mushrooms,  
Confit Tomato,

#### CELERY



#### FISH



#### CRUSTACEANS



Rosemary Potatoes

#### MOLLUSC



#### MUSTARD



#### NUTS



Toast (Vienna)

#### PEANUTS



#### SESAME



Toast (Vienna)

#### SOYA



#### LUPIN



#### SULPHUR DIOXIDE



Sausages, Irish Bacon, Black & White  
Pudding

### NOTES



Creation Date: 16.05.2024

Dish Description:

## Benni Bo Chicken

Created By: Seán Mullins

Approved By: Caroline Moloney

### ALLERGENS

### CONTAINS THIS ALLERGEN

### MAY CONTAIN TRACES

**GLUTEN**



Buttermilk Chicken Breast, (Add Crispy Fries) (Add Hash Brown)

**EGGS**



Poached Eggs

**MILK**



Buttermilk Chicken Breast

**CELERY**



**FISH**



**CRUSTACEANS**



(Add Crispy Fries) (Add Hash Brown)

**MOLLUSC**



**MUSTARD**



**NUTS**



**PEANUTS**



**SESAME**



**SOYA**



**LUPIN**



**SULPHUR DIOXIDE**



### NOTES



Creation Date: 16.05.2024

Dish Description:

## H&L Combi

Created By: Seán Mullins

Approved By: Caroline Moloney

### ALLERGENS

### CONTAINS THIS ALLERGEN

### MAY CONTAIN TRACES

**GLUTEN**



Vienna Toast, Buttermilk Pancakes,  
(Add Crispy Fries) (Add Hash Brown)

**EGGS**



Scrambled Eggs

**MILK**



**CELERY**



**FISH**



**CRUSTACEANS**



(Add Crispy Fries) (Add Hash  
Brown)

**MOLLUSC**



**MUSTARD**



**NUTS**



**PEANUTS**



**SESAME**



**SOYA**



**LUPIN**



**SULPHUR DIOXIDE**



Irish Bacon

### NOTES



Creation Date: 16.05.2024

Dish Description:

## Drunch Sambo

Created By: Seán Mullins

Approved By: Caroline Moloney

### ALLERGENS

### CONTAINS THIS ALLERGEN

### MAY CONTAIN TRACES

**GLUTEN**



Hash Browns, Pork Sausages, (Add Crispy Fries)

**EGGS**



Fried Eggs

**MILK**



American Cheese,

**CELERY**



**FISH**



**CRUSTACEANS**



Hash Browns, (Add Crispy Fries)

**MOLLUSC**



**MUSTARD**



**NUTS**



**PEANUTS**



**SESAME**



**SOYA**



**LUPIN**



**SULPHUR DIOXIDE**



Streaky Bacon

### NOTES



Creation Date: 16.05.2024

Dish Description:

## Streaky Benedict Pesto

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Toasted Brioche Bun,	
EGGS		Toasted Brioche Bun, Hollandaise sauce, Poached eggs	
MILK		Toasted Brioche Bun, Hollandaise sauce, Basil pesto	
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS		Basil Pesto	
PEANUTS			
SESAME			
SOYA			
LUPIN			
SULPHUR DIOXIDE		Irish Bacon	

### NOTES




Creation Date:

Dish Description: 16.05.2024

## Cinnamon Swirl French Toast

Created By: Seán Mullins

Approved By: Caroline Moloney

### ALLERGENS

### CONTAINS THIS ALLERGEN

### MAY CONTAIN TRACES

**GLUTEN**



Cinnamon Swirl

**EGGS**



Cinnamon Swirl, (Addon Salted Caramel Ice Cream)

**MILK**



Cinnamon Swirl, Custard, Fresh Cream, (Addon Salted Caramel Ice Cream)

**CELERY**



**FISH**



**CRUSTACEANS**



**MOLLUSC**



**MUSTARD**



**NUTS**



**PEANUTS**



**SESAME**



Cinnamon Swirl

**SOYA**



Cinnamon Swirl

**LUPIN**



**SULPHUR DIOXIDE**



(Addon Streaky Bacon)

### NOTES



Creation Date: 16.05.2024

Dish Description:

## Avocado Benedict

Created By: Seán Mullins

Approved By: Caroline Moloney

### ALLERGENS

### CONTAINS THIS ALLERGEN

### MAY CONTAIN TRACES

**GLUTEN**



Brioche Bun

**EGGS**



Poached Eggs, Brioche Bun

**MILK**



Hollandaise Sauce, Brioche Bun

**CELERY**



**FISH**



**CRUSTACEANS**



**MOLLUSC**



**MUSTARD**



**NUTS**



**PEANUTS**



**SESAME**



Beet Hummus

**SOYA**



**LUPIN**



**SULPHUR DIOXIDE**



### NOTES



Creation Date: 16.05.2024

Dish Description:

## Loaded Bowl

Created By: Seán Mullins

Approved By: Caroline Moloney

### ALLERGENS

### CONTAINS THIS ALLERGEN

### MAY CONTAIN TRACES

**GLUTEN**



Roast Chicken Pieces, Crispy Fries

**EGGS**



Sriracha Aioli

**MILK**



Roast Chicken Pieces,

**CELERY**



**FISH**



**CRUSTACEANS**



Crispy Fries

**MOLLUSC**



**MUSTARD**



Sriracha Aioli

**NUTS**



**PEANUTS**



**SESAME**



**SOYA**



**LUPIN**



**SULPHUR DIOXIDE**



Sriracha Aioli

### NOTES



# H&L Lunch MENU

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## ALLERGENS

HOOK & LADDER | 7 SANSFIELD STREET, LIMERICK / CORBALLY, LIMERICK / CASTLETROY, LIMERICK /  
DOORADOYLE, LIMERICK / TRAMORE RD, WATERFORD / WESTON AIRPORT, DUBLIN



Creation Date: 16.05.2024

Dish Description:

## Atlantic Scampi

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Scampi, Crispy Fries	
EGGS		Tartare Sauce	
MILK		Scampi	
CELERY			
FISH			
CRUSTACEANS		Scampi	Crispy Fries
MOLLUSC			
MUSTARD		Tartare Sauce	
NUTS			
PEANUTS			
SESAME			
SOYA			
LUPIN			
SULPHUR DIOXIDE			

### NOTES

Upgrade to Dirty Fries Addon Please refer to type of dirty fries for more accurate Allergen info





Creation Date: 16.05.2024

Dish Description:

## Mother Clucker

Created By: Seán Mullins


Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Crispy Fried Buttermilk Chicken Breast, Brioche Bun, Crispy Fries	
EGGS		Brioche bun, House Slaw, Sriracha Aioli	
MILK		Crispy Fried Buttermilk Chicken Breast, Brioche Bun, Melted Mozzarella	
CELERY			
FISH			
CRUSTACEANS			Crispy Fried Buttermilk Chicken Breast, Crispy Fries
MOLLUSC			
MUSTARD		House Slaw, Sriracha Aioli	
NUTS			
PEANUTS			
SESAME			
SOYA			
LUPIN			
SULPHUR DIOXIDE		(Add Irish Bacon)	

### NOTES

**Upgrade to Dirty Fries Addon Please refer to type of dirty fries for more accurate Allergen info**



Creation Date: 16.05.2024		<b>8oz Burger</b>	
Dish Description:			
Created By: Seán Mullins		Approved By: Caroline Moloney	
ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
<b>GLUTEN</b>		8oz Burger, Brioche Bun, Crispy Fries	
<b>EGGS</b>		Brioche bun, House Aioli (Roast Garlic)	
<b>MILK</b>		Brioche Bun, Dubliner Cheddar	
<b>CELERY</b>			
<b>FISH</b>			
<b>CRUSTACEANS</b>			Crispy Fries
<b>MOLLUSC</b>			
<b>MUSTARD</b>		House Aioli (Roast Garlic), Dijon Dressing	
<b>NUTS</b>			
<b>PEANUTS</b>			
<b>SESAME</b>			
<b>SOYA</b>			
<b>LUPIN</b>			
<b>SULPHUR DIOXIDE</b>		Irish Bacon Slice	

**NOTES**

**Upgrade to Dirty Fries Addon Please refer to type of dirty fries for more accurate Allergen info**












Creation Date: 16.05.2024

Dish Description:

## Vegan Burger

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Blaa, Broadbean & Courgette Burger	
EGGS			Blaa
MILK			Blaa
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD		Chili Mayo	
NUTS			
PEANUTS			
SESAME			Blaa
SOYA		Broadbean & Courgette Burger	Blaa
LUPIN			
SULPHUR DIOXIDE			

### NOTES





Creation Date: 16.05.2024

Dish Description:

## Asian Stir-Fry Chicken/Veg/Tofu

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Egg Noodles	
EGGS		Egg Noodles	
MILK			
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC		Oyster Sauce	
MUSTARD			
NUTS			
PEANUTS			
SESAME		Sesame Seeds, Sesame oil	
SOYA		Tofu	
LUPIN			
SULPHUR DIOXIDE			

### NOTES




Creation Date: 16.05.2024

Dish Description:

## Fireman's Chicken/Veg/Tofu Curry

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Naan Bread, (Add crispy fries)	
EGGS			
MILK		Naan bread	
CELERY		Curry Sauce	
FISH			
CRUSTACEANS			(Add Crispy Fries)
MOLLUSC			
MUSTARD			
NUTS			
PEANUTS			
SESAME			
SOYA		Tofu	
LUPIN			
SULPHUR DIOXIDE			

### NOTES




Creation Date: 16.05.2024

Dish Description:

## Goat's Cheese Salad

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Honey and pumpkin Loaf, Pickled Beetroot	
EGGS		Honey and pumpkin Loaf	
MILK		Honey and pumpkin Loaf, Goats Cheese, Butter Portion	
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD		House Dressing	
NUTS		Roasted walnuts	Honey and pumpkin Loaf
PEANUTS			
SESAME		Honey and pumpkin Loaf	
SOYA			
LUPIN			
SULPHUR DIOXIDE		Balsamic Glaze	

### NOTES




Creation Date: 16.05.2024

Dish Description:

## Superfood Salad

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Honey and pumpkin Loaf	
EGGS		Honey and pumpkin Loaf	
MILK		Honey and pumpkin Loaf, Butter Portion	
CELERY			Sweet Potato
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD		House Dressing	Sweet Potato
NUTS		Roasted walnuts	Honey and pumpkin Loaf
PEANUTS			
SESAME		Honey and pumpkin Loaf	Sweet Potato
SOYA			
LUPIN			
SULPHUR DIOXIDE		Balsamic Glaze	

### NOTES



Creation Date: 16.05.2024

Dish Description:

## Signature Chicken Caesar Salad

Created By: Seán Mullins

Approved By: Caroline Moloney

### ALLERGENS

### CONTAINS THIS ALLERGEN

### MAY CONTAIN TRACES

#### GLUTEN



Croutons, Honey and Pumpkin Loaf

#### EGGS



Creamy Caesar dressing, Honey and Pumpkin Loaf

#### MILK



Grated Parmesan, Honey and Pumpkin Loaf, Butter Portion

#### CELERY



Piri Piri Chicken

#### FISH



Creamy Caesar dressing

#### CRUSTACEANS



#### MOLLUSC



#### MUSTARD



Creamy Caesar dressing

Piri Piri Chicken

#### NUTS



Honey and Pumpkin Loaf

#### PEANUTS



#### SESAME



Honey and Pumpkin Loaf

Piri Piri Chicken

#### SOYA



#### LUPIN



#### SULPHUR DIOXIDE



Smoked Bacon Lardons, Creamy Caesar Dressing

### NOTES



Creation Date: 16.05.2024

Dish Description:

## Soup of the day

Created By: Seán Mullins

Approved By: Caroline Moloney

### ALLERGENS

### CONTAINS THIS ALLERGEN

### MAY CONTAIN TRACES

**GLUTEN**



Honey and Pumpkin Loaf

**EGGS**



Honey and Pumpkin Loaf

**MILK**



Soup of the Day, Honey and Pumpkin Loaf, Butter Portion

**CELERY**



Soup of the Day

**FISH**



**CRUSTACEANS**



**MOLLUSC**



**MUSTARD**



**NUTS**



**PEANUTS**



**SESAME**



Honey and Pumpkin Loaf

**SOYA**



**LUPIN**



**SULPHUR DIOXIDE**



### NOTES



Creation Date: 16.05.2024

Dish Description:

## H&L Club Sandwich/Weston Flying

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Batch Loaf, Crispy Fries	
EGGS		Fried Egg, House Slaw	
MILK		Cup of Soup	
CELERY		Cup of Soup	
FISH			
CRUSTACEANS			(Crispy Fries)
MOLLUSC			
MUSTARD		Zesty Relish, House Slaw	
NUTS			
PEANUTS			
SESAME			
SOYA			
LUPIN			
SULPHUR DIOXIDE		Crispy Bacon, House Slaw	

### NOTES




Creation Date: 16.05.2024

Dish Description:

## Station Toastie

Created By: Seán Mullins

Approved By: Caroline Moloney

### ALLERGENS

### CONTAINS THIS ALLERGEN

### MAY CONTAIN TRACES

**GLUTEN**



Batch Loaf,

**EGGS**



House Slaw

**MILK**



Batch Loaf, Signature Cheese blend,  
Cup of soup

**CELERY**



Cup of soup

**FISH**



**CRUSTACEANS**



Crispy Fries

**MOLLUSC**



**MUSTARD**



House Slaw

**NUTS**



**PEANUTS**



**SESAME**



**SOYA**



**LUPIN**



**SULPHUR DIOXIDE**



House Slaw

### NOTES



Creation Date: 16.05.2024

Dish Description:

## Italian Caprese Bruschetta

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Toasted Sourdough, Crispy Fries	
EGGS		House Slaw	
MILK		Basil Pesto, Buffalo Mozzarella, Goats Cheese, Cup of Soup	
CELERY		Cup of Soup	
FISH			
CRUSTACEANS			Crispy Fries
MOLLUSC			
MUSTARD		House Slaw	
NUTS		Basil Pesto	
PEANUTS			
SESAME			
SOYA			
LUPIN			
SULPHUR DIOXIDE		House Slaw	

### NOTES




Creation Date: 16.05.2024

Dish Description:

## Hot Flame Chicken

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Toasted Sourdough, Crispy Fries	
EGGS		Sriracha Mayo, House Slaw	
MILK		Cup of soup	
CELERY		Cup of soup	Piri Piri Chicken
FISH			
CRUSTACEANS			Crispy Fries
MOLLUSC			
MUSTARD		Sriracha Mayo, House Slaw	Piri Piri Chicken
NUTS			
PEANUTS			
SESAME			Piri Piri Chicken
SOYA			
LUPIN			
SULPHUR DIOXIDE		Sriracha Mayo, House Slaw	

### NOTES



Creation Date: 16.05.2024

Dish Description:

## Slow & Low BBQ Pork

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		BBQ Sauce, Toasted Blaa, Crispy Fries	
EGGS		Sriracha Mayo, House Slaw	Toasted Blaa
MILK		BBQ Sauce, Pulled Pork, Cup of Soup	Toasted Blaa
CELERY		Pulled Pork, Cup of Soup	
FISH			
CRUSTACEANS			Crispy Fries
MOLLUSC			
MUSTARD		Pulled Pork, Sriracha Mayo, House Slaw	
NUTS			
PEANUTS			
SESAME		BBQ Sauce	Toasted Blaa
SOYA		BBQ Sauce	Toasted Blaa
LUPIN			
SULPHUR DIOXIDE		Pulled Pork, Sriracha Mayo, House Slaw	

### NOTES



Creation Date: 16.05.2024

Dish Description:

## Chicken Caesar Wrap

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Tortilla Wrap, Crispy Fries	
EGGS		Creamy Caesar Dressing	
MILK		Grated Parmesan, Cup of Soup	
CELERY		Cup of Soup	Roast Chicken
FISH		Creamy Caesar Dressing	
CRUSTACEANS			Crispy Fries
MOLLUSC			
MUSTARD		Creamy Caesar Dressing	Roast Chicken
NUTS			
PEANUTS			
SESAME			Roast Chicken
SOYA			
LUPIN			
SULPHUR DIOXIDE		Smoked Bacon Lardons, Creamy Caesar dressing	

### NOTES




Creation Date: 16.05.2024

Dish Description:

## Sides

Created By: Seán Mullins

Approved By: Caroline Moloney

### ALLERGENS

### CONTAINS THIS ALLERGEN

### MAY CONTAIN TRACES

**GLUTEN**



Crispy Fries, Onion Rings, Sweet Potato Fries

**EGGS**



House Slaw

**MILK**



**CELERY**



**FISH**



**CRUSTACEANS**



Crispy Fries, Onion Rings, Sweet Potato Fries

**MOLLUSC**



**MUSTARD**



House Slaw, Green Leaf Salad

**NUTS**



**PEANUTS**



**SESAME**



**SOYA**



**LUPIN**



**SULPHUR DIOXIDE**



House Slaw

### NOTES



Creation Date: 16.05.2024

Dish Description:

## Dirty Fries (BBQ Pulled Pork)

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		BBQ Sauce, Fries	
EGGS		Sriracha Mayo	
MILK		BBQ Sauce	
CELERY			
FISH			
CRUSTACEANS			Fries
MOLLUSC			
MUSTARD		Sriracha Mayo, Pulled Pork	
NUTS			
PEANUTS			
SESAME		BBQ Sauce	
SOYA		BBQ Sauce	
LUPIN			
SULPHUR DIOXIDE		Pulled Pork	

### NOTES




Creation Date: 16.05.2024

Dish Description:

## Dirty Fries (Bacon Lardons)

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Fries	
EGGS			
MILK		American Cheese	
CELERY			
FISH			
CRUSTACEANS			Fries
MOLLUSC			
MUSTARD			
NUTS			
PEANUTS			
SESAME			
SOYA			
LUPIN			
SULPHUR DIOXIDE		Bacon Lardons, Jalapenos	

### NOTES




Creation Date: 16.05.2024

Dish Description:

## Dirty Fries (Veggie Fries)

Created By: Seán Mullins

Approved By: Caroline Moloney

### ALLERGENS

### CONTAINS THIS ALLERGEN

### MAY CONTAIN TRACES

**GLUTEN**



Fries

**EGGS**



**MILK**



American Cheese

**CELERY**



**FISH**



**CRUSTACEANS**



Fries

**MOLLUSC**



**MUSTARD**



**NUTS**



**PEANUTS**



**SESAME**



**SOYA**



**LUPIN**



**SULPHUR DIOXIDE**



Jalapenos

### NOTES



# Little Rascals Kids MENU

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## ALLERGENS

HOOK & LADDER | 7 SANSFIELD STREET, LIMERICK / CORBALLY, LIMERICK / CASTLETROY, LIMERICK /  
DOORADOYLE, LIMERICK / TRAMORE RD, WATERFORD / WESTON AIRPORT, DUBLIN










Creation Date: 16.05.2024

Dish Description:

## French Toast

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Brioche French Toast,	
EGGS		Brioche French Toast	
MILK		Brioche French Toast, Nutella	
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS		Nutella	Brioche French Toast
PEANUTS			
SESAME			Brioche French Toast
SOYA		Nutella	Brioche French Toast
LUPIN			
SULPHUR DIOXIDE		(Add Crispy Bacon)	Brioche French Toast

### NOTES





Creation Date: 16.05.2024

Dish Description:

## Buttermilk Pancakes

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Pancakes	
EGGS		Pancakes	
MILK		Pancakes, Nutella	
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS		Nutella	
PEANUTS			
SESAME			
SOYA		Nutella	
LUPIN			
SULPHUR DIOXIDE			

### NOTES




Creation Date: 16.05.2024

Dish Description:

## M&M Belgian Waffles

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Belgian Waffle	
EGGS		Belgian Waffle	
MILK		Nutella, M&M's	
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS		Nutella	M&M's
PEANUTS			M&M's
SESAME			
SOYA		Belgian Waffle, Nutella, M&M's	
LUPIN			
SULPHUR DIOXIDE			

### NOTES



Creation Date: 16.05.2024

Dish Description:

## Kiddies Mini Irish

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Toasted Vienna	
EGGS		Fried Egg, Scrambled Egg	
MILK		Scrambled Egg	
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS			Toasted Vienna
PEANUTS			
SESAME			Toasted Vienna
SOYA			
LUPIN			
SULPHUR DIOXIDE		Irish Bacon, Sausage	

### NOTES



Creation Date: 16.05.2024

Dish Description:

## Bacon Blaa

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Waterford Blaa	
EGGS			Waterford Blaa
MILK			Waterford Blaa
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS			
PEANUTS			
SESAME			Waterford Blaa
SOYA			
LUPIN			
SULPHUR DIOXIDE		Irish Bacon	

### NOTES



Creation Date: 16.05.2024

Dish Description:

## Scrambled Egg

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Toasted Vienna	
EGGS		Scrambled Egg	
MILK		Scrambled Egg	
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS			Toasted Vienna
PEANUTS			
SESAME			Toasted Vienna
SOYA			
LUPIN			
SULPHUR DIOXIDE			

### NOTES




Creation Date: 16.05.2024

Dish Description:

## Atlantic Scampi

Created By: Seán Mullins

Approved By: Caroline Moloney

### ALLERGENS

### CONTAINS THIS ALLERGEN

### MAY CONTAIN TRACES

**GLUTEN**



Buttermilk Scampi, Crispy Fries

**EGGS**



Tartare Sauce

**MILK**



Buttermilk Scampi

**CELERY**



**FISH**



**CRUSTACEANS**



Crispy Fries

**MOLLUSC**



**MUSTARD**



Tartare Sauce

**NUTS**



**PEANUTS**



**SESAME**



**SOYA**



**LUPIN**



**SULPHUR DIOXIDE**



### NOTES











Creation Date: 16.05.2024

Dish Description:

## Penne Pasta with Butter & Parmesan

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Penne Pasta, Garlic Bread	
EGGS			
MILK		Butter, Parmesan, Garlic Bread	
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS			
PEANUTS			
SESAME			
SOYA			
LUPIN			
SULPHUR DIOXIDE			

### NOTES




Creation Date: 16.05.2024

Dish Description:

**Penne Pasta With Tomato Sauce & Parmesan**

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Penne Pasta, Garlic Bread	
EGGS			
MILK		Parmesan, Garlic Bread	
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS			
PEANUTS			
SESAME			
SOYA			
LUPIN			
SULPHUR DIOXIDE			

**NOTES**




Creation Date: 16.05.2024

Dish Description:

## Chicken Strips

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Chicken Strips, Crispy Fries	
EGGS			
MILK			
CELERY			
FISH			
CRUSTACEANS			Crispy Fries
MOLLUSC			
MUSTARD			
NUTS			
PEANUTS			
SESAME			
SOYA			
LUPIN			
SULPHUR DIOXIDE			

### NOTES







Creation Date: 16.05.2024

Dish Description:

## Cheese Burger

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		6oz Beef Burger, Crispy Fries, Waterford Blaa	
EGGS			Waterford Blaa
MILK		Cheese	Waterford Blaa
CELERY			
FISH			
CRUSTACEANS			Crispy Fries
MOLLUSC			
MUSTARD			
NUTS			
PEANUTS			
SESAME			Waterford Blaa
SOYA			
LUPIN			
SULPHUR DIOXIDE			

### NOTES




Creation Date: 16.05.2024

Dish Description:

## Sausages & Chips

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Farm Reared Sausages, Crispy Fries	
EGGS			
MILK			
CELERY			
FISH			
CRUSTACEANS			Crispy Fries
MOLLUSC			
MUSTARD			
NUTS			
PEANUTS			
SESAME			
SOYA			
LUPIN			
SULPHUR DIOXIDE		Farm Reared Sausages	

### NOTES



Creation Date: 16.05.2024

Dish Description:

## Toastie

Created By: Seán Mullins

Approved By: Caroline Moloney

### ALLERGENS

### CONTAINS THIS ALLERGEN

### MAY CONTAIN TRACES

**GLUTEN**



Vienna Bread, Crispy Fries

**EGGS**



**MILK**



Cheddar Cheese

**CELERY**



**FISH**



**CRUSTACEANS**



Crispy Fries

**MOLLUSC**



**MUSTARD**



**NUTS**



Vienna Bread

**PEANUTS**



**SESAME**



Vienna Bread

**SOYA**



**LUPIN**



**SULPHUR DIOXIDE**



### NOTES



Creation Date: 16.05.2024

Dish Description:

## Soup Of the Day

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Honey & Pumpkin Seed Wheaten Loaf	
EGGS		Honey & Pumpkin Seed Wheaten Loaf	
MILK		Honey & Pumpkin Seed Wheaten Loaf, Soup of the Day, Butter Portion	
CELERY		Soup of the Day	
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS			Honey & Pumpkin Seed Wheaten Loaf
PEANUTS			
SESAME		Honey & Pumpkin Seed Wheaten Loaf	
SOYA			
LUPIN			
SULPHUR DIOXIDE			

### NOTES




Creation Date: 16.05.2024

Dish Description:

## Sides

Created By: Seán Mullins

Approved By: Caroline Moloney

### ALLERGENS

### CONTAINS THIS ALLERGEN

### MAY CONTAIN TRACES

**GLUTEN**



Crispy Fries, Onion Rings, Sweet Potato Fries

**EGGS**



House Slaw

**MILK**



**CELERY**



**FISH**



**CRUSTACEANS**



Crispy Fries, Onion Rings, Sweet Potato Fries

**MOLLUSC**



**MUSTARD**



House Slaw, Green Leaf Salad

**NUTS**



**PEANUTS**



**SESAME**



**SOYA**



**LUPIN**



**SULPHUR DIOXIDE**



### NOTES



Creation Date: 16.05.2024

Dish Description:

## Chocolate brownie Sundae

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN			
EGGS		Brownie Bits	
MILK		Ice cream, Cream, Brownie Bits	
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS		Brownie Bits	
PEANUTS			
SESAME			Brownie Bits
SOYA		Brownie Bits	
LUPIN			
SULPHUR DIOXIDE			

### NOTES

Although our Brownie Bits are made from Gluten-free products we cannot guarantee that it is completely free from Gluten as it is made in a kitchen where other gluten products are produced. So we can only class this as **Gluten Friendly.**










Creation Date: 16.05.2024

Dish Description:

## Banana Split

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN			
EGGS		Brownie Bits	
MILK		Ice cream, Cream, Brownie Bits	
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS		Brownie Bits	
PEANUTS			
SESAME			Brownie Bits
SOYA		Brownie Bits	
LUPIN			
SULPHUR DIOXIDE			

### NOTES

Although our Brownie Bits are made from Gluten-free products we cannot guarantee that it is completely free from Gluten as it is made in a kitchen where other gluten products are produced. So we can only class this as Gluten Friendly.



Creation Date: 16.05.2024

Dish Description:

## Rocky Road

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Rocky Road Slice	
EGGS			
MILK		Rocky Road Slice	
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS		Rocky Road Slice	
PEANUTS			
SESAME			Rocky Road Slice
SOYA		Rocky Road Slice	
LUPIN			
SULPHUR DIOXIDE			

### NOTES



Creation Date: 16.05.2024

Dish Description:

## Kiddies Smartie Cookie

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Kiddies Smartie Cookie	
EGGS		Kiddies Smartie Cookie	
MILK		Kiddies Smartie Cookie	
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS			Kiddies Smartie Cookie
PEANUTS			Kiddies Smartie Cookie
SESAME			Kiddies Smartie Cookie
SOYA		Kiddies Smartie Cookie	
LUPIN			
SULPHUR DIOXIDE			

### NOTES

















Creation Date: 16.05.2024

Dish Description:

## Nutella Cookie

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Nutella Cookie	
EGGS		Nutella Cookie	
MILK		Nutella Cookie	
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS		Nutella Cookie	
PEANUTS			
SESAME			Nutella Cookie
SOYA		Nutella Cookie	
LUPIN			
SULPHUR DIOXIDE			

### NOTES




Creation Date: 16.05.2024

Dish Description:

## Muffin of the Day

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Muffin of the Day	
EGGS		Muffin of the Day	
MILK		Muffin of the Day	
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS		Muffin of the Day	
PEANUTS			
SESAME		Muffin of the Day	
SOYA		Muffin of the Day	
LUPIN			
SULPHUR DIOXIDE			

### NOTES


















Creation Date: 16.05.2024

Dish Description:

## Scoop of Vanilla Ice Cream

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN			
EGGS			
MILK		Scoop of Vanilla Ice Cream	
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS			
PEANUTS			
SESAME			
SOYA			
LUPIN			
SULPHUR DIOXIDE			

### NOTES




# H&L Homemade Bakery MENU

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## ALLERGENS

HOOK & LADDER | 7 SANSFIELD STREET, LIMERICK / CORBALLY, LIMERICK / CASTLETROY, LIMERICK /  
DOORADOYLE, LIMERICK / TRAMORE RD, WATERFORD / WESTON AIRPORT, DUBLIN



Creation Date: 16.05.2024

Dish Description:

## Spiced Carrot & Walnut Cake with Cream Cheese Frosting

Created By: Seán Mullins

Approved By: Caroline Moloney

### ALLERGENS

### CONTAINS THIS ALLERGEN

### MAY CONTAIN TRACES

#### GLUTEN



Spiced Carrot & Walnut Cake with Cream Cheese Frosting

#### EGGS



Spiced Carrot & Walnut Cake with Cream Cheese Frosting

#### MILK



Spiced Carrot & Walnut Cake with Cream Cheese Frosting

#### CELERY



#### FISH



#### CRUSTACEANS



#### MOLLUSC



#### MUSTARD



#### NUTS



Spiced Carrot & Walnut Cake with Cream Cheese Frosting

#### PEANUTS



#### SESAME



Spiced Carrot & Walnut Cake with Cream Cheese Frosting

#### SOYA



#### LUPIN



#### SULPHUR DIOXIDE



### NOTES












Creation Date: 16.05.2024

Dish Description:

## Red Velvet Cake

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Red Velvet Cake	
EGGS		Red Velvet Cake	
MILK		Red Velvet Cake	
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS			Red Velvet Cake
PEANUTS			
SESAME			Red Velvet Cake
SOYA			
LUPIN			
SULPHUR DIOXIDE			

### NOTES



Creation Date: 16.05.2024

Dish Description:

## Coffee Cake

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Coffee Cake	
EGGS		Coffee Cake	
MILK		Coffee Cake	
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS		Coffee Cake	
PEANUTS			
SESAME			Coffee Cake
SOYA			
LUPIN			
SULPHUR DIOXIDE			

### NOTES


















Creation Date: 16.05.2024

## Seasonal Berry & White Chocolate Meringue Roulade

Dish Description:

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN			
EGGS		Seasonal Berry & White Chocolate Meringue Roulade	
MILK		Seasonal Berry & White Chocolate Meringue Roulade	
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS		Seasonal Berry & White Chocolate Meringue Roulade	
PEANUTS			
SESAME			Seasonal Berry & White Chocolate Meringue Roulade
SOYA		Seasonal Berry & White Chocolate Meringue Roulade	
LUPIN			
SULPHUR DIOXIDE			

### NOTES

Although our Seasonal Berry Meringue Roulade is made from Gluten free products we cannot guarantee that it is completely free from Gluten as it is made in a kitchen where other gluten products are produced. So we can only class this as Gluten Friendly.












Creation Date: 16.05.2024

Dish Description:

## Freshly Baked Cinnamon Swirl With Homemade Custard

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Cinnamon Swirl	
EGGS		Cinnamon Swirl	
MILK		Cinnamon Swirl, Homemade Custard	
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS			
PEANUTS			
SESAME			
SOYA			
LUPIN			
SULPHUR DIOXIDE			

### NOTES




Creation Date: 16.05.2024

Dish Description:

## Lemon Drizzle Slice with Zest Icing

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Lemon Drizzle Slice	
EGGS		Lemon Drizzle Slice	
MILK		Lemon Drizzle Slice	
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS			Lemon Drizzle Slice
PEANUTS			
SESAME			Lemon Drizzle Slice
SOYA			
LUPIN			
SULPHUR DIOXIDE			

### NOTES






Creation Date: 16.05.2024

Dish Description:

**Traditional Apple Pie with Homemade Custard**

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Traditional Apple Pie	
EGGS		Traditional Apple Pie	
MILK		Homemade Custard, Traditional Apple Pie	
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS			
PEANUTS			
SESAME			
SOYA			
LUPIN			
SULPHUR DIOXIDE		Traditional Apple Pie	

**NOTES**





Creation Date: 16.05.2024

Dish Description:

## Signature Chocolate Brownie

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN			
EGGS		Chocolate Brownie	
MILK		Chocolate Brownie	
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS		Chocolate Brownie	
PEANUTS			
SESAME			Chocolate Brownie
SOYA		Chocolate Brownie	
LUPIN			
SULPHUR DIOXIDE			

### NOTES

Although our Signature Chocolate Brownie is made from Gluten free products we cannot guarantee that it is completely free from Gluten as it is made in a kitchen where other gluten products are produced. So we can only class this as Gluten Friendly.



Creation Date: 16.05.2024

Dish Description:

## Rocky Road Square

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Rocky Road Square	
EGGS			
MILK		Rocky Road Square	
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS		Rocky Road Square	
PEANUTS			
SESAME			Rocky Road Square
SOYA		Rocky Road Square	
LUPIN			
SULPHUR DIOXIDE			

### NOTES
















Creation Date: 16.05.2024

Dish Description:

## Homemade Scone of the Day

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Homemade Scone of the Day	
EGGS			
MILK		Homemade Scone of the Day	
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS			Homemade Scone of the Day
PEANUTS			
SESAME			Homemade Scone of the Day
SOYA			
LUPIN			
SULPHUR DIOXIDE		Homemade Scone of the Day	

### NOTES




Creation Date: 16.05.2024

Dish Description:

**Homemade Vegan Scone Served with Almond Butter**

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Vegan Scone	
EGGS			
MILK			
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS		Vegan Scone , Almond Butter	
PEANUTS			
SESAME			Vegan Scone
SOYA			
LUPIN			
SULPHUR DIOXIDE			

**NOTES**




Creation Date: 16.05.2024

Dish Description:

## Gluten Free Scone

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN			
EGGS			
MILK		Gluten Free Scone	
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS			
PEANUTS			
SESAME			
SOYA			
LUPIN			
SULPHUR DIOXIDE			

### NOTES

Although our Gluten free scone is made from Gluten free products we cannot guarantee that it is completely free from Gluten as it is made in a kitchen where other gluten products are produced. So we can only class this as Gluten Friendly.



Creation Date: 16.05.2024

Dish Description:

## Muffin of the Day

Created By: Seán Mullins

Approved By: Caroline Moloney

### ALLERGENS

### CONTAINS THIS ALLERGEN

### MAY CONTAIN TRACES

**GLUTEN**



Muffin of the Day

**EGGS**



Muffin of the Day

**MILK**



Muffin of the Day

**CELERY**



**FISH**



**CRUSTACEANS**



**MOLLUSC**



**MUSTARD**



**NUTS**



Muffin of the Day

**PEANUTS**



**SESAME**



Muffin of the Day

**SOYA**



Muffin of the Day

**LUPIN**



**SULPHUR DIOXIDE**



### NOTES



Creation Date: 16.05.2024

Dish Description:

## Oatmeal, Hazelnut & Raisin Cookie

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Oatmeal, Hazelnut & Raisin Cookie	
EGGS		Oatmeal, Hazelnut & Raisin Cookie	
MILK		Oatmeal, Hazelnut & Raisin Cookie	
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS		Oatmeal, Hazelnut & Raisin Cookie	
PEANUTS			
SESAME			Oatmeal, Hazelnut & Raisin Cookie
SOYA			
LUPIN			
SULPHUR DIOXIDE			

### NOTES



Creation Date: 16.05.2024

Dish Description:

## Nutella Cookie

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Nutella Cookie	
EGGS		Nutella Cookie	
MILK		Nutella Cookie	
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS		Nutella Cookie	
PEANUTS			
SESAME			Nutella Cookie
SOYA		Nutella Cookie	
LUPIN			
SULPHUR DIOXIDE			

### NOTES




Creation Date: 16.05.2024

Dish Description:

## Kiddies Smartie Cookie

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Kiddies Smartie Cookie	
EGGS		Kiddies Smartie Cookie	
MILK		Kiddies Smartie Cookie	
CELERY			
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS			Kiddies Smartie Cookie
PEANUTS			Kiddies Smartie Cookie
SESAME			Kiddies Smartie Cookie
SOYA		Kiddies Smartie Cookie	
LUPIN			
SULPHUR DIOXIDE			

### NOTES
















Creation Date: 16.05.2024

Dish Description:

## Homemade Sausage Roll

Created By: Seán Mullins

Approved By: Caroline Moloney

ALLERGENS		CONTAINS THIS ALLERGEN	MAY CONTAIN TRACES
GLUTEN		Homemade Sausage Roll	
EGGS		Homemade Sausage Roll	
MILK		Homemade Sausage Roll	
CELERY		Homemade Sausage Roll	
FISH			
CRUSTACEANS			
MOLLUSC			
MUSTARD			
NUTS			Homemade Sausage Roll
PEANUTS			
SESAME		Homemade Sausage Roll	
SOYA		Homemade Sausage Roll	
LUPIN			
SULPHUR DIOXIDE		Homemade Sausage Roll	

### NOTES

